

OUR PARISH

Contact Parish Pastoral Council via email: ppc.mhoc@gmail.com

OUR PARISH MISSION:

"All the Church, all the Gospel, all the people, all the time"

OUR PARISH VISION:

All the Church - we will **WORSHIP** with an open heart.

All the Gospel - we will celebrate the **WORD** with joy.

All the People - we will care for the **WELFARE** of all.

All the Time - we will maintain our **WORKS** with integrity.

OUR PARISH SCRIPTURE

"Refresh my heart in Christ" - Philemon 1:20b

OUR PARISH SAFEGUARDING COMMITMENT

MHoC Parish & the Archdiocese of Canberra & Goulburn are committed to the care, wellbeing & protection of children, young people & people at risk in our community.

If you need to communicate any concerns, please contact one of our Parish Safeguarding Contacts displayed on the posters on the main church notice boards & our website.

 Our parish is now supported by CCTV and S1 Security. Smile!

THIS WEEK IN THE PARISH

Second Sun in Ord Time, Psalter Week 2, Year B/2

Sacred Heart Church Mass & CS Times:

CS=Communion Service.

Remember to turn your phones off when in the church, thank you.

A prayerful silence is respectfully requested as we gather to celebrate Eucharist.

Mon: 8.30am **CS** Mary MacKillop's Birthday

Tue: 5.30pm **Mass**

Wed: 8.30am **Mass** Thu: 8.30am **Mass**

Fri: 8.45am Morning Prayer of the Church

9.00am Rosary, 9.30am **Mass**

5.30pm Evening Prayer & Adoration

Sat: 6.00pm **Mass**

Sun: 8.30am & 10am **Masses**

The Pines Living Farrer mass is held at 3pm on the last Thursday of the month.

Goodwin Village, mass is held at 9.30am on the last Saturday of the month.

RECONCILIATION (Confession): Sat 11am-12pm

(or by appointment).

BAPTISMS: Baptism information may be gained through our website or parish office.

WEDDINGS: By appointment, at least 6 months notice is essential. Phone the Office for details.

The BLESSED SACRAMENT CHAPEL is open daylight hours each day for Adoration & quiet prayer. The chapel is not to be used while Mass is being celebrated. Please do not leave cut flowers or candles in the Chapel.

Live Stream Mass is still available from our Cathedral : Mon—Sat 12.15pm & Sun 11am:

<https://www.catholicvoice.org.au/mass-online/>



Loreto Ex Students' Reunion

in Canberra Saturday, **16 March 2024**

Info: loreto.canberra@gmail.com



Mary Help of Christians Parish South Woden, PEARCE ACT

Parish Priest: Father Emil Milat

Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 Ph: 02 6286 1908

Office Manager: Melanie Kerr

Office Hours: 9am – 3pm Tuesday - Friday;

Parish email address: wodensouth@cg.org.au

WEBSITE address: www.mhoc.org.au

Sacramental Programmes: Christina Erwin - wodensouth.sacraments@cg.org.au

For information on how to join planned giving or donate to our parish see our website: www.mhoc.org.au/planned-giving/

Our parish acknowledges & celebrates the original custodians of this sacred land & we commit ourselves to the ongoing journey of reconciliation.



Shepherd's Corner

Thank you to those that have already welcomed me to the parish, I have already sensed the welcoming spirit of the community & feel an excitement in the Spirit about our *shared Journey in Christ for 2024* & beyond.

The first reading this Sunday portrays the inner disposition I try to emulate when beginning a new parish- "*Speak Lord your servant is listening*". And the Gospel marks three powerful questions as Christians we constantly ponder:

- What do we want,
- Where does God live &
- Can we come & see & supper with the Triune God of love?

The Charism of Our Lady Help of Christians & The Sacred Heart of Jesus have deep personal meanings for myself and I look forward sharing them with you in due course.

A special thanks to Fr Richard for making the priestly transition as smooth as possible.

God's blessing Fr Emil



Reflecting on the Synthesis Report

The General Secretariat has recently released new guidelines, *Towards October 2024*, on the work to be done to reflect on the Synthesis report from the First Assembly & prepare for the Second Assembly. This process will involve consultation at local & national levels, with the fruits being delivered to the Holy See in May 2024. A copy of this document on our website under the news tab.

**Please remember all of our faithful departed:
Recent deceased:**

Christina Stewart & Raymond Finnegan.

Anniversaries: *John Ambrose McKeown,*

Zacharia McMahon, Gordon Robinson,

Fr Michael Quinn & Fr Ronald Flack.

May they all rest in peace.



Become a Parish Youth Coordinator—We

seek to raise up a new generation in the life & mission of the Catholic Church. The positions generally follow the academic year 2.5-7.5 hrs/wk. Please see this link for details & a brochure.

www.cgevangalisation.org.au/parish-youth-coordinator/



Tribunal of the Catholic Church

Marriage breakdown is a traumatic experience for all those concerned. The Church reaches out in support of those who are divorced, while upholding the permanence of a true Christian marriage. The Canberra Office of the Tribunal extends an invitation to any divorced person who would like to talk about the annulment process. You can be assured that your privacy will be respected. Should you choose to apply for an annulment, you will be guided and supported through the process. Info: **6239 9813** or email tribunal@cg.org.au



St Thomas Moore Forum Save the Date & Register Now for 2024

How Christianity Triumphs in a Newly Pagan Society, Wed 20 Mar 7.30PM - 9PM, Keynote Speaker:

Greg Sheridan, Foreign Editor,

The Australian Newspaper and Author

Register Now: <https://bit.ly/stmf-200324>

Engaging an AI Generation

Fri 14 Jun 6.45pm for 7.30PM, Keynote Speaker:

Fr Rob Galea, Founder FRG Ministry

Register Now: <https://bit.ly/stmf-140624>

Introductory CPE Course Jan/Feb 2024

Are you interested in growing your capacity to be fully present to others by learning how to offer effective pastoral & spiritual care?



An Introductory Clinical Pastoral Education (CPE) course is being offered online using Zoom in Jan/Feb 2024. This short 40-hour course will comprise of 6 sessions & run from 9am to 3.30pm, commencing Mon 29, then Tues 30, Wed 31 Jan, then Mon 5, Tue 6 & Mon 12 Feb. Applications close Thu Jan 25, 2024

Clinical Pastoral Education (CPE)

400 hr Foundational Unit Feb-Jun 2024

Are you drawn to Growing in knowledge, understanding & developing skills that will enable you to offer effective pastoral & spiritual care? Deepening your awareness of spirituality in your life and of people's spiritual needs, hopes & concerns during times of illness? Becoming more aware of your own values, attitudes & assumptions?

A CPE Foundational Unit will be offered as a blend of both online & in person sessions conducted on Wed's from Feb to Jun. (Limited places are still available.)

Contact for more information &/or application form: Barbara Hall at barbarahall1909@gmail.com or phone: **0418 413 731**

<https://nswccpe.edu.au/southern-tablelands-cpe-centre>

ROSTERS FOR PARISH MINISTRIES FOR THE SUNDAY OF 20/21 January 2024

Third Sunday in Ordinary Time, Year B/2

Commentators and Lectors

6.00pm M Blackmore & D Smith

8.30am M Supple & G Joseph

10am B Layton & P Bewley

Extra-ordinary Ministers of the Eucharist

6.00pm M-A Kitchen

8.30am J Coyte &/or P Supple

10am J Isidro

Acolytes:

6.00pm P Verdon

8.30am G Joseph

10.00am G Selleck

Music Ministry:

6pm Volunteer please

8.30am Volunteer please

10.00am Volunteer please

Altar Servers:

Trained servers please volunteer at Mass

Church Linen January: S de Silva

Welcome Ministry:

6.00pm M McKermott

8.30am P Heffernan

10.00am J & B Wilson

Altar Care (January 15): V Bray

Please note the Parish Office is closed Tue 16 Jan, Fri 19 Jan & Tue 23 Jan. Normal office hours will resume as of Wed 24 Jan 9am to 3pm. Please hand Mass intentions directly to Fr Emil prior to or after mass. *Thank you.*

Reconciliation & First Holy Communion

Sacramental Program enrolments are now open for children baptised Catholic in year 4 & above. The program/s start Wed 7 Feb.

See the MHOC website for details: <http://www.mhoc.org.au/sacraments/first-holy-communion/>



School of Religion Enrolments are open for Term 1, 2024 (Primary).

The first session will be Wed 7 Feb from 4-5pm in the Hall & Church. Please see our website for more program information & for details on how to enrol via Qkr!

<http://www.mhoc.org.au/ministries/school-of-religion/>

RCIA/Adult Faith Formation

We are planning to resume on Sunday 11 February 11.30am to 1pm in the Parish Hall. Light refreshments will be served after the 10am mass.



Discussion topics:

There are 15 chapters to still discuss in our book: *Source: At Home With God's People* We will be discussing the order etc... of discussion topics at the next meeting. Questions: Fr Emil or Peter Heffernan through the Parish office.

All welcome to join us!