

OUR PARISH

Contact Parish Pastoral Council via email: ppc.mhoc@gmail.com

OUR PARISH MISSION:

"All the Church, all the Gospel, all the people, all the time"

OUR PARISH VISION:

All the Church - we will **WORSHIP** with an open heart.

All the Gospel - we will celebrate the **WORD** with joy.

All the People - we will care for the **WELFARE** of all.

All the Time - we will maintain our **WORKS** with integrity.

OUR PARISH SCRIPTURE

"Refresh my heart in Christ" - Philemon 1:20b

OUR PARISH SAFEGUARDING COMMITMENT

MHoC Parish & the Archdiocese of Canberra & Goulburn are committed to the care, wellbeing & protection of children, young people & people at risk in our community.

If you need to communicate any concerns, please contact one of our Parish Safeguarding Contacts displayed on the posters on the main church notice boards & our website.

 Our parish is now supported by CCTV and S1 Security. Smile!

THIS WEEK IN THE PARISH

Third Sun in Ord Time, Psalter Week 3, Year B/2

Sacred Heart Church Mass & CS Times:

CS=Communion Service.

Remember to turn your phones off when in the church, thank you.

A prayerful silence is respectfully requested as we gather to celebrate Eucharist.

Mon: 8.30am **CS**

Tue: 10am Funeral Prayers for Christina Stewart
5.30pm **Mass**

Wed: 8.30am **Mass** Thu: 8.30am **Mass**

Fri: 8.45am Morning Prayer of the Church
9.00am Rosary, 9.30am **Mass**
5.30pm Evening Prayer & Adoration

Sat: 6.00pm **Mass**

Sun: 8.30am & 10am **Masses**

The Pines Living Farrer mass is held at 3pm on the last Thursday of the month.

Goodwin Village, mass is held at 9.30am on the last Saturday of the month.

RECONCILIATION (Confession): Sat 11am-12pm (or by appointment).

BAPTISMS: Baptism information may be gained through our website or parish office.

WEDDINGS: By appointment, at least 6 months notice is essential. Phone the Office for details.

The BLESSED SACRAMENT CHAPEL is open daylight hours each day for Adoration & quiet prayer. The chapel is not to be used while Mass is being celebrated. Please do not leave cut flowers or candles in the Chapel.

Live Stream Mass is still available from our Cathedral : Mon—Sat 12.15pm & Sun 11am:
<https://www.catholicvoice.org.au/mass-online/>

 **Loreto Ex Students' Reunion**, Canb, Sat, 16 Mar 2024 Info: loreto.canberra@gmail.com



Mary Help of Christians Parish South Woden, PEARCE ACT

Parish Priest: Father Emil Milat

Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 Ph: 02 6286 1908

Office Manager: Melanie Kerr

Office Hours: 9am – 3pm Tuesday - Friday;

Parish email address: wodensouth@cg.org.au

WEBSITE address: www.mhoc.org.au

Sacramental Programmes: Christina Erwin - wodensouth.sacraments@cg.org.au

For information on how to join planned giving or donate to our parish see our website: www.mhoc.org.au/planned-giving/

Our parish acknowledges & celebrates the original custodians of this sacred land & we commit ourselves to the ongoing journey of reconciliation.



Thank you from Marymead CatholicCare Because of you, this Christmas...

- ♦ We could provide gifts to our clients who access our services in the ACT & surrounding NSW.
- ♦ We could say 'yes' to providing gifts when requested by smaller organisations & vulnerable individuals.
- ♦ We could offer gifts at each of our Christmas parties held for our groups & programs.
- ♦ We continue to raise valuable funds to support individuals at risk of or experiencing homelessness as we work to increase individuals' abilities to face challenges, build confidence and create better outcomes.

If you are in a position to donate, our **Christmas Appeal closes Wed 31st Jan.**

You can donate via the website at:

<https://mccq.org.au/>



Calling Catholic Mental Health Professionals

Join the Raphael Network, founded in 2023 for Australian Catholic mental health professionals. We blend psychology with Christian anthropology—body, mind, spirit—and Catholic teachings. Enjoy online talks, an annual retreat, & peer support. We're a hub for holistic well-being, referrals, and resources.

Apply at www.rafaelnetwork.org.au

St Thomas Moore Forum Register Now: *How Christianity Triumphs in a Newly Pagan Society*

Wed 20 Mar 7.30PM - 9PM, Speaker: Greg Sheridan, Foreign Editor, *The Aust* Newspaper & Author. **Register Now:** <https://bit.ly/stmf-200324>
Engaging an AI Generation Fri 14 Jun 6.45pm, Speaker: Fr Rob Galea, Founder FRG Ministry. **Register Now:** <https://bit.ly/stmf-140624>



School of Religion Enrolments are open for Term 1, 2024 (Primary).

The first session will be Wed 7 Feb from 4-5pm in the Hall & Church. Please see our website for more program information & for details on how to enrol via Qkr!

<http://www.mhoc.org.au/ministries/school-of-religion/>

Reconciliation & First Holy Communion

Sacramental Program enrolments are now open for children baptised Catholic in year 4 & above. The program/s start Wed 7 Feb. See the MHOC website for details: <http://www.mhoc.org.au/sacraments/first-holy-communion/>



Shepherd's Corner

One hat I have is the *Archdiocese Vocations Director*. I love this ministry, as it is always exciting to help people discover their calling in God, like Jesus does in today's Gospel.

I often use a question:

"Do you know the difference between a Job, Career & Vocation?"

I believe a Job is something you do merely for the money. A Career also for the money however it can be Meaningful work; people may put in extra hours or take less pay for example.

Finally a Vocation is doing work because God has asked you. The Word comes from the Latin Vocare meaning "to Call".

People will do this for minimal money once they discover who Jesus is, who is asking.

May we all discover more deeply our call in the Sacred Heart of Jesus this year.

God's blessing Fr Emil



Our parish welcomes Ari Whatman into the Catholic Church through the sacrament of baptism this weekend. May he be richly blessed with God's presence & feel the support of our Parish & his family.

Music Ministry—New Volunteers Please!

"The Church earnestly desires that all the faithful be led to that full, conscious, & active participation in liturgical celebrations ..." (Sacrosanctum Concilium 14)

One way is through the music ministry, which is in great need of new voices and instruments, as the **roster for 2024** is being prepared. We are very keen to hear from anyone with musical ability. Contact: at christiane.patron@icloud.com.



Reflecting on the Synthesis Report

The General Secretariat has recently released new guidelines, *Towards October 2024*, on the work to be done to reflect on the Synthesis report from the First Assembly & prepare for the Second Assembly. This process will involve consultation at local & national levels, with the fruits being delivered to the Holy See in May 2024. A copy of this document on our website under the news tab.

ROSTERS FOR PARISH MINISTRIES FOR THE SUNDAY OF 27/28 January 2024

Fourth Sunday in Ordinary Time, Year B/2

Commentators and Lectors

6.00pm S Topp & M Blackmore

8.30am E & M Tsen

10am P Bewley & R Coggan

Extra-ordinary Ministers of the Eucharist

6.00pm M-A Kitchen

8.30am J Coyte

10am J Isidro

Acolytes:

6.00pm M Fitzsimons

8.30am P Supple

10.00am M McAppion

Music Ministry:

6pm Volunteer please

8.30am Volunteer please

10.00am Volunteer please

Altar Servers:

Trained servers please volunteer at Mass

Church Linen January: S de Silva

Welcome Ministry:

6.00pm E Neal

8.30am B Garrety

10.00am F Mendes

Altar Care (January 22): J O'Brien

Bulletin Published 12 January 2024

Please note the Parish Office is closed Tuesday 23 January. Normal office hours will resume as of Wednesday 24 January 9am to 3pm. Please hand Mass intentions directly to Fr Emil prior to or after mass. *Thank you.*

RCIA/Adult Faith Formation

We are planning to resume on Sunday 11 February 11.30am to 1pm in the Parish Hall. Light refreshments will be served after the 10am mass.



Discussion topics:

There are 15 chapters to still discuss in our book: *Source: At Home With God's People*
We will be discussing the order etc... of discussion topics at the next meeting. Questions: Fr Emil or Peter Heffernan through the Parish office.

All welcome to join us!

Become a Parish Youth Coordinator—

We seek to raise up a new generation in the life & mission of the Catholic Church. The positions generally follow the academic year 2.5-7.5 hrs/wk. Please see this link for details & a brochure.
www.cgevangalisation.org.au/parish-youth-coordinator/

Please remember all of our faithful departed:

Anniversaries: Vincent O'Brien, Bill Eldridge, Frederick Pears, Agnes Moloney, Fr Francis Casey & Fr Cornelius Twomey.
May they all rest in peace.

