

OUR PARISH

Contact Parish Pastoral Council via email: ppc.mhoc@gmail.com

OUR PARISH MISSION:

"All the Church, all the Gospel, all the people, all the time"

OUR PARISH VISION:

All the Church - we will **WORSHIP** with an open heart.

All the Gospel - we will celebrate the **WORD** with joy.

All the People - we will care for the **WELFARE** of all.

All the Time - we will maintain our **WORKS** with integrity.

OUR PARISH SCRIPTURE

"Refresh my heart in Christ" - Philemon 1:20b

OUR PARISH SAFEGUARDING COMMITMENT

MHoC Parish & the Archdiocese of Canberra & Goulburn are committed to the care, wellbeing & protection of children, young people & people at risk in our community.

If you need to communicate any concerns, please contact one of our Parish Safeguarding Contacts displayed on the posters on the main church notice boards & our website.

 Our parish is supported by CCTV and S1 Security. Smile!

THIS WEEK IN THE PARISH (10 Feb - 16 Feb)

Sixth Sun in Ord Time, Psalter Week 2, Year B/2

Sacred Heart Church Mass & CS Times:

Remember to turn your phones off when in the church.

A prayerful silence is respectfully requested as we gather to celebrate Eucharist.

Sat: 6.00pm **Mass**

Sun: 8.30am & 10am **Masses** - World Day of Prayer for the sick, Our Lady of Lourdes Feast Day

Mon: 8.30am **CS (Communion Service)**

Tue: **Shrove Tuesday** 5.30pm **Mass**

Ash Wednesday 7.30am, 9.30am & 5.30pm **Masses**

Thu: 8.30am **CS**

Fri: 8.45am Morning Prayer of the Church, 9.00am Rosary, 9.30am **Mass**,

11.30am **Memorial Funeral Mass** for Darrell Lind

5.30pm Evening Prayer & Adoration.

The Pines Living Farrer Mass 3pm last Thu of month
Goodwin Village, Mass 9.30am last Sat of the month

RECONCILIATION (Confession):

Sat 11am-12pm (or by appointment).

FATIMA DEVOTIONS: 'The Five First Saturdays'

Held on the 1st Saturday of the month: **Mass 9am**, followed by **confessions** with **benediction 10am**, concluding with a **Marian Movement of Priests cenacle**. See blue flyer in the main foyer for info.

BAPTISMS: Baptism information may be gained through our website or parish office.

WEDDINGS: By appointment, at least 6 months notice is essential. Phone the Office for details.

The BLESSED SACRAMENT CHAPEL is open daylight hours each day for Adoration & quiet prayer. The chapel is not to be used while Mass is being celebrated. Please do not leave cut flowers or candles in the Chapel.

Live Stream Mass Cathedral : Mon—Sat 12.15pm & Sun 11am: <https://www.catholicvoice.org.au/mass-online/>



Mary Help of Christians Parish South Woden, PEARCE ACT

Parish Priest: Father Emil Milat

Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 Ph: 02 6286 1908

Office Manager: Melanie Kerr

Office Hours: 9am – 3pm Tuesday - Friday;

Parish email address: wodensouth@cg.org.au

WEBSITE address: www.mhoc.org.au

Sacramental Programmes: Christina Erwin - wodensouth.sacraments@cg.org.au

For information on how to join planned giving or donate to our parish see our website: www.mhoc.org.au/planned-giving/

Our parish acknowledges & celebrates the original custodians of this sacred land & we commit ourselves to the ongoing journey of reconciliation.



Shrove Tuesday 13 February

Some of our wonderful volunteers are providing pancakes after the 5.30pm Mass. Please contact the office if you are interested in cooking/helping out.

Lenten Season 2024:

Year of Prayer

Lent begins **Ash Wednesday** 14 Feb.
Masses 7.30am, 9.30am & 5.30pm.

2023 Palm Crosses may be returned to the baskets at each entrance to the church.

Stations of the Cross: After 8.30am Mass Thu's.

2nd Rite of Reconciliation - for MHoC, Nth Woden & Weston Creek is being held at MHoC 6pm Tue 19 Mar.

Eucharistic Adoration Fridays in Lent begins 16 Feb
Volunteers have kindly offered their time committing to 1 hour of prayer in the church on Friday's during Lent from 10am to 9pm. Thank you.

A **15 minute training session** will be provided for those unfamiliar with Adoration on **Wed 14 Feb at 7.30pm** after the First Reconciliation session in the Church. There are books in the foyer, you are welcome to borrow one or make a \$10 tap donation to keep it.

Lenten Discussion Group

Last year a small group met after the Friday morning 9.30am mass in the Hall for a chat & a cuppa. The group will meet again from Friday 16 Feb. *All Welcome.*

Lent 2024 with The Catholic Guy; Bruce Downes

If you would like to receive free daily inspirational videos to help you make this Lenten journey more powerful & prayerful, sign up at: <https://BruceDownes.org/Lent>
Go to <https://brucedownes.org/> for more information.

Coming up in the Parish:

Tuesday 13 February - Shrove Tuesday

♦ PPC Meet - 6.30pm in the Church Meeting Room.

Wednesday 14 February - Ash Wednesday

♦ **Mass** times: 7.30am, 9.30am & 5.30pm.

♦ School of Religion - 4pm - Church & Hall

♦ First Reconciliation -Session 1, Church - 6.30pm

♦ Baptism Preparation Evening - 7pm - Hall

Thursday 15 February

♦ Friendship Group - Brunch at Snappers by the Lake, Mariner PI, Yarralumla, Meet at 10am.

Saturday 10 & Sunday 11 February

♦ Presentation Masses for the First Reconciliation & Holy Communion Candidates.

Sunday 18 Feb - The start of Lent



MHOC Adult Faith Enrichment

The program resumes Sun 11 Feb with light refreshments served after the 10am Mass. There will be a structured discussion held between 11.30am & 1pm.

A great space for non-Catholics to learn about our Catholic Christian tradition & for Catholics, practising & non-practising, to discuss & share in their understanding of scripture, prayer, the Sacraments, the Mass, the Church its traditions teaching, ministry & mission. Qu, to Fr Emil through the Parish office.

Upcoming discussion topics include:

11 Feb: The Sacraments of the Church

25 Feb: Sacraments: Baptism & Confirmation

10 Mar: Sacraments of Initiation – Eucharist

All welcome to join!

Shepherd's Corner

Audio System:

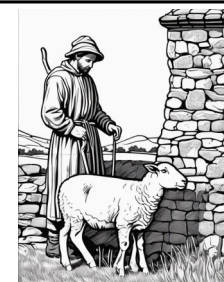
After comments by parishioners about the audio system in the Church I got a consultant to look at the system from Better Music, he made a few adjustments. I pray it is better.

If you would like to take advantage of the **Hearing Loop** please sit in the section in front of the Tabernacle. There is a diagram in the church foyer. Also remember to turn your hearing aid to the **T-switch** or ask your Audiologist to activate the **Telecoil** function in your hearing aid.

It was great to see a good response to the First Reconciliation & Holy Communion Sacramental registration night during the week. **We welcome the families as they make their preparation commitment this weekend during mass.**

The registrations for **School of Religion** is low so far for children who attend government schools with no religion lessons. If you know anyone in this situation please encourage them to consider enrolling their child. Please see our website for more program info & for details on how to enrol via Qkr! <http://www.mhoc.org.au/ministries/school-of-religion/>

Finally there was good response to people to sign up for an hour of **Eucharistic Adoration** for Fridays in Lent, there are still a few spaces on the roster if you can help. *God's blessing Fr Emil*



ROSTERS FOR PARISH MINISTRIES FOR THE SUNDAY OF 17/18 February 2024

First Sunday of Lent, Year B/2

Commentators and Lectors

6.00pm A Smith & C Paragalli

8.30am E & M Tsen

10am S Topp & N Torres

Ash Wednesday 14 February:

7.30am & 5.30pm Mass Volunteers please see Fr Emil
Extra-ordinary Ministers of the Eucharist

6.00pm F Egan-Richards

8.30am M Supple

10am J Isidro

Ash Wednesday 14 February:

7.30am & 5.30pm Mass Volunteers please see Fr Emil
Acolytes:

6.00pm C Patron

8.30am P Supple

10.00am G Selleck

Ash Wednesday 14 February:

7.30am & 5.30pm Mass Volunteers please see Fr Emil
Music Ministry:

6pm Volunteer please

8.30am S Fatiaki

10.00am Volunteer please

Ash Wednesday 14 February:

7.30am & 5.30pm Mass Volunteers please see Fr Emil
Altar Servers:

Trained servers please volunteer at Mass

Church Linen February: V Palmer

Welcome Ministry:

6.00pm P Verdon

8.30am P Heffernan

10.00am L Henshaw

Altar Care (February 12): C Donohoe



Please remember all of our faithful departed:

Recent deceased:

Tina Colagiuri & Bob Lloyd.

Anniversaries: Peter Cox, Peter Tsirekas,

Michelle Rey Cook, Tasman Cedric Bottrell

& Fr Henry Byrne. May they all rest in peace.



Project Compassion

Please take home a Project Compassion box or set of donation envelopes to support Caritas Aus this Lenten season & help support vulnerable people around the world, now & for all future generations. With your support, Caritas Australia has been able to support communities around the world to tackle poverty, food security, education, water & sanitation & disaster risk reduction.

Project Compassion 2024 reminds us that the good that we do today will extend & impact the lives of generations to come. Together, we can help vulnerable communities face their challenges today & build a better tomorrow for all future generations. You can donate through Project Compassion donation boxes, envelopes available in the church foyer, by calling 1800 024 413, via the QR code or by visiting:

<https://www.caritas.org.au/project-compassion>

