

OUR PARISH

Contact Parish Pastoral Council via email: ppc.mhoc@gmail.com

OUR PARISH MISSION:

"All the Church, all the Gospel, all the people, all the time"

OUR PARISH VISION:

All the Church - we will **WORSHIP** with an open heart.

All the Gospel - we will celebrate the **WORD** with joy.

All the People - we will care for the **WELFARE** of all.

All the Time - we will maintain our **WORKS** with integrity.

OUR PARISH SCRIPTURE

"Refresh my heart in Christ" - Philemon 1:20b

OUR PARISH SAFEGUARDING COMMITMENT

MHOC Parish & the Archdiocese of Canberra & Goulburn are committed to the care, wellbeing & protection of children, young people & people at risk in our community.

If you need to communicate any concerns, please contact one of our Parish Safeguarding Contacts displayed on the posters on the main church notice boards & our website.

 Our parish is now supported by CCTV and S1 Security. Smile!

THIS WEEK IN THE PARISH (3 Feb - 9 Feb)

Fifth Sun in Ord Time, Psalter Week 1, Year B/2

Sacred Heart Church Mass & CS Times:

Remember to turn your phones off when in the church, thank you.

A prayerful silence is respectfully requested as we gather to celebrate Eucharist.
CS=Communion Service.

Mon: 8.30am **CS**
11.00am Funeral Mass for Mary McDermott
Tue: 5.30pm **Mass** Wed: 8.30am **Mass**
Thu: 8.30am **Mass** 1.30pm Funeral for Ivan Ivkovic
Fri: 8.45am Morning Prayer of the Church,
9.00am Rosary, 9.30am **Mass**,
5.30pm Evening Prayer & Adoration.
Sat: 6.00pm **Mass**
Sun: 8.30am & 10am **Masses** (Word of God Sunday)

The Pines Living Farrer **Mass** is held at 3pm on the last Thursday of the month.

Goodwin Village, **Mass** is held at 9.30am on the last Saturday of the month.

RECONCILIATION (Confession):

Sat 11am-12pm (or by appointment).

FATIMA DEVOTIONS: 'The Five First Saturdays'
Held on the 1st Saturday of the month: **Mass 9am**, followed by **confessions** with **benediction 10am**, concluding with a **Marian Movement of Priests cenacle**. See blue flyer in the main foyer for info.
BAPTISMS: Baptism information may be gained through our website or parish office.

WEDDINGS: By appointment, at least 6 months notice is essential. Phone the Office for details.

The BLESSED SACRAMENT CHAPEL is open daylight hours each day for Adoration & quiet prayer. The chapel is not to be used while Mass is being celebrated. Please do not leave cut flowers or candles in the Chapel.



Mary Help of Christians Parish South Woden, PEARCE ACT

Parish Priest: Father Emil Milat

Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 Ph: 02 6286 1908

Office Manager: Melanie Kerr

Office Hours: 9am – 3pm Tuesday - Friday;

Parish email address: wodensouth@cg.org.au

WEBSITE address: www.mhoc.org.au

Sacramental Programmes: Christina Erwin - wodensouth.sacraments@cg.org.au

For information on how to join planned giving or donate to our parish see our website: www.mhoc.org.au/planned-giving/

Our parish acknowledges & celebrates the original custodians of this sacred land & we commit ourselves to the ongoing journey of reconciliation.



Coming up in the Parish: Wednesday 7 February

- ♦ School of Religion recommences-Hall/Church 4pm.
- ♦ First Reconciliation & Holy Communion Combined Parent Information Evening, (Parents only need to attend) - church 6.30pm start.

Thursday 8 February

- ♦ Friendship Group - Hall 10-12pm - Cutting stamps.

Saturday 10 & Sunday 11 February

- ♦ Presentation Masses for the First Reconciliation & Holy Communion Candidates.

- ♦ **11 Feb:** World Day of Prayer for the Sick, Our Lady of Lourdes Feast Day.

- ♦ MHOC Adult Faith Enrichment - 11.30-1pm.

Tuesday 13 February

- ♦ PPC Meet - 6pm in the Church Meeting Room.

Wednesday 14 February - Ash Wednesday

- ♦ **Mass** times: 7.30am, 9.30am & 5.30pm.
- ♦ School of Religion - 4pm - Church & Hall
- ♦ First Reconciliation -Session 1, Church - 6.30pm
- ♦ Baptism Preparation Evening - 7pm - Hall

Lenten Season 2024:

Lent begins **Ash Wednesday** 14 Feb.

Masses 7.30am, 9.30am & 5.30pm.

2023 Palm Crosses may be returned to the baskets at each entrance to the church.

Stations of the Cross: After 8.30am Mass Thu's.

2nd Rite of Reconciliation - details TBA for Weston Creek, Nth Woden & MHOC.

- ♦ **Ash Wednesday (14 Feb) & Good Friday (29 Mar)** are days of fast & abstinence (no meat). The law of fasting binds those who have completed their eighteenth year, until the beginning of their sixtieth year; the law of abstinence binds those who have completed their fourteenth year.

- ♦ In Lent, the "Alleluia" is omitted at Mass.

- ♦ Catholics are obliged to receive Holy Communion at least once a year, between Ash Wednesday & Trinity Sunday (26 May 2024).

Lenten Discussion Group

Last year a small group met after the Friday morning 9.30am mass in the Hall for a chat & a cuppa. The group will meet again from Friday 16 Feb. *All Welcome.*



Monthly Morning Teas: Please join us this weekend in the Church Hall for a hot cuppa after the 8.30am & 10am masses.



Shepherd's Corner

This weekend the **fourth Season of The Chosen**, a hugely successful series on the life of Jesus & the disciples, is showing at Hoyts Woden. You can watch the previous seasons for free- just **download The Chosen app**.



Lent is just over a week away & given Pope Francis has declared a *Year of Prayer* to prepare for the Jubilee year next year (more on this later). I would like to start/trial a day of:

- *Eucharistic Adoration on Fridays in Lent to begin 16 February.*

I am asking for **volunteers** to put their names on the list in the main foyer to commit to **one hour of prayer in the church**.

One or Two people per hour from 10am to 9pm. If you can help with this please put your name on the list or email myself emil.milat@cg.org.au or the parish office.

I will provide some teaching for those unfamiliar with Eucharistic Adoration, I have put some books in the foyer (the third most published book in history by Alphonso Liguori) *Visits to the Blessed Sacrament*. You are welcome to borrow one or make a \$10 tap to keep it. I hope to explain more in the coming weeks when time permits.

God's blessing Fr Emil



MHOC Adult Faith Enrichment

The program resumes Sun 11 Feb with light refreshments served after the

10am Mass. There will be a structured discussion held between 11.30am & 1pm. A great space for non-Catholics to learn about our Catholic Christian tradition & for Catholics, practising & non-practising, to discuss & share in their understanding of scripture, prayer, the Sacraments, the Mass, the Church its traditions teaching, ministry & mission. Qu, to Fr Emil through the Parish office.

Upcoming discussion topics include:

- 11 Feb: The Sacraments of the Church
 - 25 Feb: Sacraments of Initiation – Baptism & Confirmation
 - 10 Mar: Sacraments of Initiation – Eucharist
- All welcome to join us!*

ROSTERS FOR PARISH MINISTRIES FOR THE SUNDAY OF 10/11 February 2024

Sixth Sunday in Ordinary Time, Year B/2

Commentators and Lectors

6.00pm D O'Brien & L Palmer

8.30am M & P Supple

10am C Mesiku & F Pelosi

Extra-ordinary Ministers of the Eucharist

6.00pm A Caddy

8.30am E Tsen

10am F D'Castro

Acolytes:

6.00pm S La Vita

8.30am G Joseph

10.00am M McAppion

Music Ministry:

6pm Volunteer please

8.30am S Fatiaki

10.00am C Walshe & D Kenny

Altar Servers:

Trained servers please volunteer at Mass

Church Linen February: V Palmer

Welcome Ministry:

6.00pm D & C Nash

8.30am N Hately

10.00am S Topp

Altar Care (February 5): V Pembrey

Reconciliation & First Holy Communion

Sacramental Program enrolments are now open for children baptised Catholic in year 4 & above. **The program/s start Wed 7 Feb.**

See the MHOC website for details: <http://www.mhoc.org.au/sacraments/first-holy-communion/>



School of Religion Enrolments are open for Term 1, 2024 (Primary).

The first session will be **Wed 7 Feb** from 4-5pm in the Hall & Church. Please see our website for more program information & for details on how to enrol via Qkr!

<http://www.mhoc.org.au/ministries/school-of-religion/>

Please remember all of our faithful departed:

Recent deceased: Ivan Ivkovic.

Anniversaries: Giuseppe Paragalli, Carmel Stuart, Buddy Holly, Kirk Douglas & Fr Laurie Blake. We also remember the deceased members of the Askander & Shano families.

May they all rest in peace.

Please note the Memorial Funeral Mass for Darrell Lind will be held on Mon 16 Feb at 11.30am.

Vocations Dinner held at the Archbishop's

House, Thu 8 Feb, 6pm for a hearty meal, insightful discussions & prayer. This evening is designed for men interested in discerning a call to the Priesthood. Please RSVP to vocations director Fr Emil emil.milat@cg.org.au 0414 523 036.



Our parish welcomes Tiffany Maala into the Catholic Church through the sacrament of baptism this weekend.

May she be richly blessed with God's presence & feel the support of our Parish & her family.