

OUR PARISH
Contact the Parish Pastoral Council through the office email.

OUR PARISH MISSION:
"All the Church, all the Gospel, all the people, all the time"

OUR PARISH VISION:
All the Church - we will **WORSHIP** with an open heart.
All the Gospel - we will celebrate the **WORD** with joy.
All the People - we will care for the **WELFARE** of all.
All the Time - we will maintain our **WORKS** with integrity.

OUR PARISH SCRIPTURE
"Refresh my heart in Christ" - Philemon 1:20b

OUR PARISH SAFEGUARDING COMMITMENT
MHoC Parish & the Archdiocese of Canberra & Goulburn are committed to the care, wellbeing & protection of children, young people & people at risk in our community. If you need to communicate any concerns, please contact one of our Parish Safeguarding Contacts displayed on the posters on the main church notice boards & our website.

 **Our parish is supported by CCTV and S1 Security. Smile!**

THIS WEEK IN THE PARISH (27 Jul– 2 Aug)
Remember to turn your phones off when in the church. A prayerful silence is respectfully requested as we gather to celebrate Eucharist.

Sacred Heart Church Mass & CS Times:
Seventeenth Sunday in Ordinary Time, Psalter Week 1, Year B/2
Sat: 6:00pm **Mass** Sun: 8.30am & 10am **Mass**
Mon: 8.30am **CS** Tue: 5.30pm **Mass**
Wed: 8.30am **Mass** Thu: 8.30am **Mass**
Fri: 8.45am Morning Prayer of the Church, 9.00am Rosary, 9.30am **Mass**, 5.30pm Evening Prayer & Adoration
Fri: 11am **Funeral Mass** for Gabry Borzatti

The Pines Living, Farrer, Mass 11am held on the last Thursday of the month. *Next date: 29 Aug.*
Goodwin Village, Mass 9.30am held on the last Saturday of the month. *Next date 27 Jul & 31 Aug*

RECONCILIATION (Confession):
Saturdays 11am-12pm (or by appointment).
FATIMA DEVOTIONS: Next date: Sat 3 August
'The Five First Saturdays' Held on the 1st Saturday of the month: **Mass 9.30am**, followed by **confessions** with **benediction 10.30am**, concluding with a **Marian Movement of Priests cenacle**. See blue flyer.

BAPTISMS: Baptism information please see our website or contact the parish office.

WEDDINGS: By appointment, at least 6 months notice is essential. Phone the Office for details.

The BLESSED SACRAMENT CHAPEL
is open daylight hours each day for Adoration & quiet prayer. The chapel is not to be used while Mass is being celebrated. Please do not leave cut flowers or candles in the Chapel.

Rosary before Weekend Masses: Please be advised that this initiative will not be going ahead at this stage due to timings. *Thank you.*





Mary Help of Christians Parish
South Woden, PEARCE ACT
Parish Priest: Father Emil Milat
Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 Ph: 02 6286 1908
Office Manager: Melanie Kerr
Parish email address: wodensouth@cg.org.au
Sacramental Programmes: Christina Erwin - wodensouth.sacraments@cg.org.au
For information on how to join planned giving or donate to our parish see our website: www.mhoc.org.au/planned-giving/
Our parish acknowledges & celebrates the original custodians of this sacred land & we commit ourselves to the ongoing journey of reconciliation.





Shepherd's Corner
This **World Day of Prayer for Grandparents & the Elderly**, started by Pope Francis in 2021, is always particularly special for Catholic Parishes because of their continuing Lion's share in parish ministry. In Canberra they built our Churches & founded our parishes on strong faith, & now are often the ones that transmit the faith to Grandchildren. Pope Francis himself shares it was his grandmother who was most instrumental in passing on the faith to him. Work & society was different in their day – we pray this generation will navigate the modern pressures on them to embrace deeply the faith with their help. *Thank you to all our Grandparents & elderly on this their day.*
Note: last Friday we celebrated the Feast of the grandparents of Jesus: Anne & Joachim.
God's Blessings Fr Emil



Are you Interested in "Unlocking the Mystery of the Bible" by joining our Bible Study Group?
This initiative will be run by Fr Emil & the **Faith Enrichment Group**. Commences **Sun 11 August** after the 10am mass. We will be using the Ascension Press "**Unlocking the Mystery of the Bible**" study program is carried out over 8 sessions with presenter Jeff Cavins & includes videos, a workbook & small group discussion. The study explores all twelve time periods of the Bible timeline providing an easy way to understand it & the Father's unfailing love for us. Online access to the videos is available to keep you up to date if you can't make a session. If you are interested in joining the group to uncover the story woven throughout Scripture so that you can understand what the Bible is all about. Please contact *Fr Emil via the Parish office, or emil.milat@cg.org.au.*





National Vocations Awareness Week 4-11 August. An Archdiocesan Vocations Holy Hour will be held at St. Christopher's Cathedral on **Tue 6 August at 6pm** (Feast of the Transfiguration) The evening will include Adoration, Evening Prayer & Rosary, all welcome.





Confirmation

Confirmation Sacramental Program Enrolments are still open for children baptised Catholic, in Year 6 or above who have completed their sacraments of First Reconciliation & First Holy Communion. **Enrolments close this Wednesday 31 July** and the Program starts 7 Aug. See our website for program dates: <https://www.mhoc.org.au/sacraments/confirmation/>

Please remember all of our faithful departed:
Recent deceased: Giuseppina Ceccarelli & Gabry Claudette Mary Borzatti de Lowenstern.
Anniversaries: Pietro Calvitto.
We pray for the soul of Manuel Barriera & Fr Peter James Gannon who passed away on 24 July. His funeral will be held Tuesday 30 July, 10.30am at St Brigids in Dickson. Light refreshments served in the Parish Hall afterwards. All welcome to attend.
May they all rest in peace.



Coming up in the Parish:
Tuesday 30 July
♦ menALIVE - Hall - 7am - Breakfast meet up
Wednesday 31 July
♦ School of Religion - 4pm Church & Hall
♦ Confirmation Enrollment Closes - see notice
Thursday 1 August
♦ Friendship Group - Hall 10-12pm - Scattergories
♦ Serra Club - meet in the Hall 5.30-7pm
♦ Online intercessory prayer training - meet Hall 7.30pm
Sunday 4 August
Vocations Awareness Week 4 - 11 August
♦ Children's Liturgy - held during the 10am Mass
♦ **Please note** we welcome Fr Leonse Kurian to say our weekday masses this coming week while Fr Emil is away on retreat 29 Jul - 2 Aug.

After 50 years Carmelites to farewell Canberra. Carmelite Sisters Sr Monica, Sr Bernadette, Sr Francesca & Sr Paula have built treasured connections with the Canberra community. Please save the date to farewell them on 24 Aug at 10am at St Christopher's Cathedral, Manuka. You can read the article in the [Catholic Voice](#).

ROSTERS FOR PARISH MINISTRIES FOR THE SUNDAY OF 3/4 August 2024
Eighteenth Sunday in Ordinary Time, Year B/2
Commentators and Lectors
6.00pm S Peake & M Blackmore
8.30am P Collins & G Joseph
10am A Kaushal & M Fisher
Extra-ordinary Ministers of the Eucharist
6.00pm J Grima
8.30am M Supple
10am C Paragalli
Acolytes:
6.00pm I Noble
8.30am P Supple
10.00am G Selleck
Music Ministry:
6pm D Fitzsimons
8.30am S Fatiaki
10.00am S Taylor
Altar Servers: Trained servers please volunteer at Mass
Church Linen (August): M-A Kitchen
Welcome Ministry:
6.00pm P Verdon
8.30am P Heffernan
10.00am R & B Usback
Altar Care (Jul 29): V Bray
Note: A reminder to leave parking at the church for limited mobility parishioners during weekend mass times.



World Day
for Grandparents
and the Elderly
2024

This Sunday July 28 we celebrate the fourth **World Day for Grandparents & the Elderly**. Pope Francis has chosen the theme: *"Do not cast me off in my old age" (Pslam 71:9)*
A Prayer for our Grandparents & the Elderly
Lord, faithful God,
You who created us in Your image,
You who have accompanied our Grandparents & Elderly through every season of life & have blessed us through them.
Help us not to abandon them & to take care of them.
Renew their hearts with your Word.
As they journey in the Autumn of life, with the help of your beloved Son, may our fraternity with them ease any sadness or loneliness old age brings. And make the World Day for Grandparents & the Elderly a day of hope, a day abundant with the first-fruits of Your peace.
Amen

Christ Our Firm Foundation Retreat 10 Aug 10am, Queanbeyan Parish. All adults are invited to join the Dominican Sisters of Saint Cecilia. Focussing on renewing the foundations of the spiritual life. Including Talks, a Holy Hour, Confession & a time of Fellowship.