

OUR PARISH

Contact the Parish Pastoral Council through the office email.

OUR PARISH MISSION:

"All the Church, all the Gospel, all the people, all the time"

OUR PARISH VISION:

All the Church - we will **WORSHIP** with an open heart.

All the Gospel - we will celebrate the **WORD** with joy.

All the People - we will care for the **WELFARE** of all.

All the Time - we will maintain our **WORKS** with integrity.

OUR PARISH SCRIPTURE

"Refresh my heart in Christ" - Philemon 1:20b

OUR PARISH SAFEGUARDING COMMITMENT

MHoC Parish & the Archdiocese of Canberra & Goulburn are committed to the care, wellbeing & protection of children, young people & people at risk in our community. If you need to communicate any concerns, please contact one of our Parish Safeguarding Contacts displayed on the posters on the main church notice boards & our website.

 Our parish is supported by CCTV and S1 Security. Smile!

THIS WEEK IN THE PARISH (10 Aug– 16 Aug)
Remember to turn your phones off when in the church. A prayerful silence is respectfully requested as we gather to celebrate Eucharist.

Sacred Heart Church Mass & CS Times:
Nineteenth Sunday in Ordinary Time,
Psalter Week 3, Year B/2
Vocations Awareness Week 4- 11 August
Sat: 6:00pm **Mass** Sun: 8.30am & 10am **Mass**
Mon: 8.30am **CS**
Tue: 5.30pm **Mass** Wed: 8.30am **Mass**
The Assumption of the Blessed Virgin Mary
Thu: 9.30am & 5.30pm **Mass**
Fri: 8.45am Morning Prayer of the Church,
9.00am Rosary, 9.30am **Mass**,
5.30pm Evening Prayer & Adoration

The Pines Living, Farrer, Mass 11am held on the last Thursday of the month. *Next date: 29 Aug.*
Goodwin Village, Mass 9.30am held on the last Saturday of the month. *Next date 31 Aug*

RECONCILIATION (Confession):
Saturdays 11am-12pm (or by appointment).
FATIMA DEVOTIONS: Next date: Sat 7 September

'The Five First Saturdays' Held on the 1st Saturday of the month: **Mass 9.30am**, followed by **confessions** with **benediction 10.30am**, concluding with a **Marian Movement of Priests cenacle**. See blue flyer.

BAPTISMS: Baptism information please see our website or contact the parish office.

WEDDINGS: By appointment, at least 6 months notice is essential. Phone the Office for details.

The BLESSED SACRAMENT CHAPEL
is open daylight hours each day for Adoration & quiet prayer. The chapel is not to be used while Mass is being celebrated. Please do not leave cut flowers or candles in the Chapel.



Mary Help of Christians Parish
South Woden, PEARCE ACT

Parish Priest: Father Emil Milat

Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 Ph: 02 6286 1908

Office Manager: Melanie Kerr

Parish email address: wodensouth@cg.org.au

Office Hours: 9am – 3pm Tuesday - Friday;

WEBSITE address: www.mhoc.org.au

Sacramental Programmes: Christina Erwin - wodensouth.sacraments@cg.org.au

For information on how to join planned giving or donate to our parish see our website: www.mhoc.org.au/planned-giving/

Our parish acknowledges & celebrates the original custodians of this sacred land & we commit ourselves to the ongoing journey of reconciliation.



Shepherd's Corner

As we are reading in the Gospel these weeks the powerful Bread of Life discourse, it highlights the denigration of the Last Supper at the Olympics opening ceremony, which deeply troubled many Catholics around the world.



Bishop Robert Barron's intelligently spoken objection to the 'apology' through his Word on Fire ministry went viral with over 2 million views.

As we celebrate the true beautiful depiction of the human body through Solemnity of the Assumption of Mary next Thursday we pray this vision shine through the Last Supper to the world.

God's Blessings Fr Emil

Are you Interested in "Unlocking the Mystery of the Bible" by joining our Bible Study Group?

This initiative will be run by Fr Emil & the **Faith Enrichment Group**.

Commences **Sun 11 August** after the 10am mass. We will be using the Ascension Press "Unlocking the Mystery of the Bible" study program is carried out over 8 sessions with presenter Jeff Cavins & includes videos, a workbook & small group discussion. The study explores all twelve time periods of the Bible time-line providing an easy way to understand it & the Father's unfailing love for us.

Online access to the videos is available to keep you up to date if you can't make a session.

If you are interested in joining the group to uncover the story woven throughout Scripture so that you can understand what the Bible is all about. Please contact *Fr Emil via the Parish office, or emil.milat@cg.org.au.*



Confirmation Candidate Presentation Masses & Morning tea

This weekend the presentation masses for our Confirmation candidates are being celebrated.

Candidates will hand out small "please pray for me" cards with their name written on them. If your receive one of these cards, please keep them in your prayers as they take on this journey.

You & any members of the parish are also welcome to join a **morning tea on Sunday 25 August** after the **10am mass**. Some of the families will be hosting this as part of their Acts of Service.



After 50 years Carmelites to farewell Canberra.

Carmelite Sisters Sr Monica, Sr Bernadette, Sr Francesca & Sr Paula have built treasured connections with the Canberra community. Please join in farewelling them on 24 Aug at 10am at St Christopher's Cathedral, Manuka. Refreshments will follow in Haydon Hall. To assist with catering contact: carmelite@iinet.net.au. You can read the article in the [Catholic Voice](http://CatholicVoice.com).



Upcoming Marriage Preparation Courses for engaged couples: *Engaged Encounter*- Syd, Sat 17 & Sun 18 Aug. *SmartLoving* – online, 9 lessons, learn at your own pace when suits you. Info & to reg: www.marriagefamily.org.au
Qu:Text Helena **0405 440 463**

Please remember all of our faithful departed: Recent deceased:

Joseph Narimattathil & Mimi Roldan.

Anniversaries:

John Garrety, John Timothy St Leger Moss Snr,
Elvis Aaron Presley & Fr Adrian Cork.
May they all rest in peace.



Launch of Natural Fertility Awareness Week
Natural Family Planning methods are being showcased in the foyer of St Michael's Church,

Kaleen, on **Sun 18 Aug** after the 5.30pm Mass. **Theme:** *Trust your body's signals of fertility: forget about drugs & devices.* Teachers available to answer any questions & cake will be shared as this display launches national activities for NFA Week. www.fertilityaware.org.au

Free Webinar - Natural Fertility Awareness Week 7:30pm 19 August

Billings LIFE is pleased to present a free webinar *Trust your body's natural signals of fertility:* Forget about drugs & devices. Guest speakers: Dr Clarissa Lopez, & Caroline But. All welcome to learn more about the Billings Ovulation Method®. More info - visit the Billings LIFE website. Register here.

Join us to celebrate the Season of Creation at our Catholic Earthcare Convocation!

Gather (**12-14 Sept**) online during Day 1 & 2 . Day 3 gather together in diocesan hubs to transform learning into action. (Online avail if unable to attend a hub) **Registrations close 13 Aug. Register:** <https://www.trybooking.com/events/landing/1231165>
Email: catholicearthcare@caritas.org.au



ROSTERS FOR PARISH MINISTRIES FOR THE SUNDAY OF 17/18 August 2024

Twentieth Sunday in Ordinary Time, Year B/2

Commentators and Lectors

6.00pm M Blackmore & C Paragalli
8.30am P & M Supple
10am S van der Linden & C Mesiku

Extra-ordinary Ministers of the Eucharist

6.00pm M-A Kitchen
8.30am M Tsen
10am S Topp

Acolytes:

6.00pm A Smith
8.30am G Joseph
10.00am G Selleck

Music Ministry:

6pm Volunteer please
8.30am S Fatiaki
10.00am H Palafox

Altar Servers: Trained servers please volunteer at Mass
Church Linen (August): M-A Kitchen

Welcome Ministry:

6.00pm M Blackmore
8.30am D Perera
10.00am L Henshaw
Altar Care (Aug 12): R Usback

Note:

A reminder to leave parking at the church for limited mobility parishioners during weekend mass times.

Coming up in the Parish:

Tuesday 13 August

♦ menALIVE - Hall - 7am - Breakfast meet up

Wednesday 14 August

♦ School of Religion - 4pm Church & Hall
♦ Confirmation - Session 2 - Church - 6.30pm

Thursday 15 August

The Assumption of the Blessed Virgin Mary

♦ Friendship Group - Lunch at the German Club
♦ Reminder mass times for today 9.30 & 5.30pm

Sunday 18 August

♦ Children's Liturgy - held during the 10am Mass
♦ Adult Faith Education - Bible Study meeting 11.30-1pm.

Tuesday 20 August

♦ menALIVE - Hall - 7am - Breakfast meet up
♦ PPC Meeting - Church front room 6pm

Wednesday 21 August

♦ School of Religion - 4pm Church & Hall
♦ Confirmation - Session 3 - Church - 6.30pm



Bus Trip Pilgrimage! The Friendship Group along with Fr Emil are heading to Penrose Park, to the Pauline Monastery to see the Shrine of Our Lady of Mercy. Along the way Fr Emil will be praying the Rosary & saying Mass at the Monastery.

Wed 18 Sep, depart 7.30am on Murphy St (behind the school/church) return approximately 5pm. Cost \$45, includes bus fare & sandwiches for lunch. Breakfast at Trappers in Goulburn at your own expense. Bookings filling up quickly.
RSVP by 12 Sep to Faye 0451 683 099.