

OUR PARISH

Contact the Parish Pastoral Council through the office email.

OUR PARISH MISSION:

"All the Church, all the Gospel, all the people, all the time"

OUR PARISH VISION:

All the Church - we will **WORSHIP** with an open heart.

All the Gospel - we will celebrate the **WORD** with joy.

All the People - we will care for the **WELFARE** of all.

All the Time - we will maintain our **WORKS** with integrity.

OUR PARISH SCRIPTURE

"Refresh my heart in Christ" - Philemon 1:20b

OUR PARISH SAFEGUARDING COMMITMENT

MHoC Parish & the Archdiocese of Canberra & Goulburn are committed to the care, wellbeing & protection of children, young people & people at risk in our community. If you need to communicate any concerns, please contact one of our Parish Safeguarding Contacts displayed on the posters on the main church notice boards & our website.

 Our parish is supported by CCTV and S1 Security. Smile!

THIS WEEK IN THE PARISH (26 July - 1 August)

Remember to turn your phones off when in the church. A prayerful silence is respectfully requested as we gather to celebrate Eucharist.

Sacred Heart Church Mass & CS Times:

17th Sunday in Ordinary Time Psalter Wk 1, Yr C/1

World Day for Grandparents & The Elderly

Sat: 5.35pm Rosary, 6:00pm **Mass**

Sun: 8.30am & 10am **Mass**

Mon: 8.30am **CS** Tue: 5.30pm **Mass**

Wed: 8.30am **Mass** Thu: 8.30am **Mass**

Fri: 8.45am Morning Prayer of the Church,

9.00am Rosary, 9.30am **Mass**

5pm - 6pm Evening Prayer & Adoration

The Pines Living, Farrer, Mass 11am held on the last Thursday of the month. Note Next date: 31 July.

Goodwin Village, Mass 9.30am held on the last Saturday of the month. Next date 26 July.

RECONCILIATION (Confession):

Saturdays 11am-12pm (or by appointment).

FATIMA DEVOTIONS: Next date: Sat 2 Aug 2025

'The Five First Saturdays' Held on the 1st Saturday of the month: **Mass 9.30am**, followed by **confessions** with **benediction 10.30am**, concluding with a **Marian Movement of Priests cenacle**. See blue flyer.

BAPTISMS: Baptism information please see our website or contact the parish office.

WEDDINGS: By appointment, at least 6 months notice is essential. Phone the Office for details.

The BLESSED SACRAMENT CHAPEL

is open daylight hours each day for Adoration & quiet prayer. The chapel is not to be used while Mass is being celebrated. Please do not leave cut flowers or candles in the Chapel.



Mary Help of Christians Parish South Woden, PEARCE ACT

Parish Priest: Father Emil Milat

Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 Ph: 02 6286 1908

Office Manager: Melanie Kerr

Office Hours: 9am – 3pm Tuesday - Friday;

Parish email address: wodensouth@cg.org.au

WEBSITE address: www.mhoc.org.au

Sacramental Programmes: Christina Erwin - wodensouth.sacraments@cg.org.au

For information on how to join planned giving or donate to our parish see our website: www.mhoc.org.au/planned-giving/

Our parish acknowledges & celebrates the original custodians of this sacred land & we commit ourselves to the ongoing journey of reconciliation.



Shepherd's Corner

Last Tuesday we had our first **Parish Pastoral Council (PPC)** meeting with our new members. We had an absentee & have a possible member to join still. In the meantime we have updated the PPC picture on our website & have noted the absentee member/s. A big thank you also to **Yohan Mathai** who is stepping down after three years of service on the PPC.



On Wednesday night I attended the start of the **Called and Gifted Workshop** being run at St Peter Chanel's in Yarralumla, they had about 37 people attend & the evening had a lovely & exciting buzz in the air. During the evening we learnt about our special Holy Spirit charism, which we all personally have.

Our **new computers** are now installed- big thanks to our parish staff for their patience & skill in this overdue turnover. Please also stay patient with us while we get them up & running properly. I also invite you as a parish to please keep our **Confirmation candidates** in your prayers as they commence the program this Wednesday evening in the church, from 6.30pm. *God's Blessings Fr Emil*

National Vocations Awareness Week 3-10 Aug.

An Archdiocesan Vocations Holy Hour will be held at MHoC Parish on **Tue 5 Aug.**

Details: 5.10pm - Rosary, 5.30pm Mass, followed by Eucharistic Adoration & prayers for vocations to 7pm. *All Welcome.*

Dinner: Archbishop's House, Thu 7 Aug, for men interested in discerning a call to the Priesthood. A hearty meal provided with insightful discussions & prayer. RSVP to the Vocations Director Fr Emil 0414 523 036 emil.milat@cg.org.au.



Our Parish Welcomes

Antonio Borgna through the sacrament of Baptism this weekend. May he be richly blessed with God's presence & feel the support of our Parish & his family.

Attention: the Mon 7am Mass at St John Vianney Church, Waramanga will discontinue Aug 2025.

Alternative options: 7am Sts Peter & Paul, Garran (Latin Mass); 7.30am St Christopher's Cathedral, Forrest, & 9.30am Holy Trinity Church, Curtin.



World Day
for Grandparents
and the Elderly
2025

This **Sunday July 27** we celebrate the **fifth World Day for Grandparents & the Elderly.**

Blessed are those who have not lost hope (Sir 14:2)

Pope Leo's message: *the elderly are signs of hope & witnesses of blessedness*, fits into the context of the Jubilee year of **Hope 2025.**

He invites us to recognise the elderly not only as recipients of pastoral care, but as witnesses of hope who are active protagonists in the life of the Church.

You can read Pope Leo XIV full message at:

<https://www.vatican.va/content/leo-xiv/en/messages/grandparents/documents/20250626-messaggio-nonni-anziani.html>

Our Parish blesses all of our grandparents & elderly this weekend. May they renew their hearts with God's Word & the help of his beloved Son & may our fraternity with them ease any sadness or loneliness.

Disciples of Jesus invites you to attend their upcoming: **Meet the Man**, an evening of encounter with the living God.

Fri 8 Aug, 7pm at MHoC Parish, Pearce Join in for an evening of praise & worship, sharing of the Gospel, adoration & fellowship.



Please remember all of our faithful departed:

Recent deceased: Dennis Tarbuck

Anniversaries: Manuel Barriera,

Ettore Borzatti, Pietro Calvitto,

Fr Peter Gannon & Fr Laurie Beath.

May they all rest in peace.



Catechesis of the Good Shepherd (CGS)

Are you interested in learning more about children & their rich spiritual life? **We need your help!** CGS is a children's religious formation framed by Montessori principles of education & child development. Our Atrium, in St John Vianney Primary School, Waramanga is seeking assistants to support sessions; Sat 2-4pm (3-6yo) & Thu 3:30 -5:45pm (6-9yo). **Please help us!** Enq -Sat: Mary 0429 366 559, Thu: Camille 0402 201 251, or email: canber-raatrium@gmail.com. More info.: www.cgsaust.org.au.

ROSTERS FOR PARISH MINISTRIES

For The Weekend/Sunday of 2/3 August 2025

Eighteenth Sunday in Ordinary Time, Year C/1

Commentators and Lectors

6.00pm A Smith & S Peake

8.30am M Supple & E Tsen

10am A Kaushal & S van der Linden

Extra-ordinary Ministers of the Eucharist

6.00pm M-A Kitchen

8.30am M Tsen

10am V Pembrey

Acolytes:

6.00pm P Verdon

8.30am P Supple

10.00am G Selleck

Music Ministry:

6pm D Fitzsimons

8.30am S Fatiaki

10.00am S Taylor

Altar Servers:

Trained servers please volunteer at Mass

Church Linen August: M Supple

Welcome Ministry:

6.00pm M Blackmore

8.30am P Heffernan

10.00am J & B Wilson

Altar Care (July 28): V Pembrey

Coming up in the Parish:

Tuesday 29 July

♦ MenALIVE - Hall - 7-8am, Morning Men's Group

Wednesday 30 July

♦ School of Religion - Hall/Church 4pm

♦ Confirmation Program -Parents Only, Church 6.30pm

Thursday 31 July

♦ Friendship Group - Hall - 10am - 12pm - Trivia

Saturday 2 August

♦ Fatima Devotions - see This Week in the Parish

♦ Confirmation Presentations during vigil Mass

Sun 3 August: Vocations Awareness Wk 3-10 Aug

♦ Confirmation Presentations at 8.30 & 10am Masses

♦ Monthly Morning teas - Hall after 8.30 & 10am masses

♦ Children's Liturgy during the 10am Mass

Tuesday 5 August

♦ MenALIVE - Hall - 7-8am, Morning Men's Group

♦ Prayer Event for National Vocations Awareness week at MHoC: 5.10pm Rosary, 5.30pm Mass & then Eucharist Adoration & prayers to 7pm. All Welcome.

Wednesday 6 Aug: The Transfiguration of the Lord

♦ School of Religion - Hall/Church 4pm

♦ Confirmation Program - Session 1, Church 6.30pm



Our Parish Social Justice Group, **Manus Lives Matter (MLM)**, would like to **thank** our parishioners for their generous response to their recent appeal, & for their ongoing prayers & support.

If you would still like to make a donation to support the unwell man in need, you can donate to:

Manus Lives Matter BSB 062-922, Account 10204914, or contact Carol Laslett 0411 841 807.