

OUR PARISH

Contact the Parish Pastoral Council through the office email.

OUR PARISH MISSION:

"All the Church, all the Gospel, all the people, all the time"

OUR PARISH VISION:

All the Church - we will **WORSHIP** with an open heart.

All the Gospel - we will celebrate the **WORD** with joy.

All the People - we will care for the **WELFARE** of all.

All the Time - we will maintain our **WORKS** with integrity.

OUR PARISH SCRIPTURE

"Refresh my heart in Christ" - Philemon 1:20b

OUR PARISH SAFEGUARDING COMMITMENT

MHoC Parish & the Archdiocese of Canberra & Goulburn are committed to the care, wellbeing & protection of children, young people & people at risk in our community. If you need to communicate any concerns, please contact one of our Parish Safeguarding Contacts displayed on the posters on the main church notice boards & our website.

 Our parish is supported by CCTV and S1 Security. Smile!

THIS WEEK IN THE PARISH (5 - 11 July)

Remember to turn your phones off when in the church. A prayerful silence is respectfully requested as we gather to celebrate Eucharist.

Sacred Heart Church Mass & CS Times:

14th Sunday in Ordinary Time Psalter Wk 2, Yr C/1

Sat: 5.35pm Rosary, 6:00pm **Mass**

Sun: 8.30am & 10am **Mass**

Mon: 8.30am **CS**

Tue: 10.30am **Funeral Mass** for Heather McGlew
5.30pm **CS**

Wed: 8.30am **CS** Thu: 8.30am **Mass**

Fri: 8.45am Morning Prayer of the Church,
9.00am Rosary, 9.30am **Mass**

5pm - 6pm Evening Prayer & Adoration

The Pines Living, Farrer, Mass 11am held on the last Thursday of the month. Note Next date: 31 July.

Goodwin Village, Mass 9.30am held on the last Saturday of the month. Next date 26 July.

RECONCILIATION (Confession):

Saturdays 11am-12pm (or by appointment).

FATIMA DEVOTIONS: Next date: Sat 5 Jul 2025

'The Five First Saturdays' Held on the 1st Saturday of the month: **Mass 9.30am**, followed by **confessions** with **benediction 10.30am**, concluding with a **Marian Movement of Priests cenacle**. See blue flyer.

BAPTISMS: Baptism information please see our website or contact the parish office.

WEDDINGS: By appointment, at least 6 months notice is essential. Phone the Office for details.

The BLESSED SACRAMENT CHAPEL

is open daylight hours each day for Adoration & quiet prayer. The chapel is not to be used while Mass is being celebrated. Please do not leave cut flowers or candles in the Chapel.



Mary Help of Christians Parish South Woden, PEARCE ACT

Parish Priest: Father Emil Milat

Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 Ph: 02 6286 1908

Office Manager: Melanie Kerr

Office Hours: 9am – 3pm Tuesday - Friday;

Parish email address: wodensouth@cg.org.au

WEBSITE address: www.mhoc.org.au

Sacramental Programmes: Christina Erwin - wodensouth.sacraments@cg.org.au

For information on how to join planned giving or donate to our parish see our website: www.mhoc.org.au/planned-giving/

Our parish acknowledges & celebrates the original custodians of this sacred land & we commit ourselves to the ongoing journey of reconciliation.



NEW Planned Giving Envelopes are

available to pick up in the main entrance of the church. A reminder to throw out the old envelopes (green ink) & only use the new ones **from 1 August** (pink ink).



A reminder that if you would like to **join our planned giving program** to help pay for the running of the church/hall & office contact **Melanie** in the office at wodensouth@cg.org.au, pick up a direct debit form in the main foyer or see our website for details <https://www.mhoc.org.au/planned-giving/>



Winter Warmer Luncheon with special guest speaker Rosemary Follett AO the first Chief Minister of the ACT.

Wed 23 July 2025 - 12 noon for 12.30pm at the Southern Cross Club, Woden.
Cost \$75pp includes main & desert.

Bookings close 12 July. Book at:

<https://winter-warmer-luncheon.raiselysite.com/>

Auxiliary High Tea Buffet - fine teas & sweet & savoury treats! Mercure Hotel Canberra, Braddon

Sun 31 August 2025 - 2pm for 2.30pm start
\$75 per person. Bookings close 13 August. Book at:

<https://high-tea-buffet-2025.raiselysite.com/>

Update on donations raised by the Parish:

Good Friday Holy Lands Appeal: \$3088.65

Easter Dues (retired clergy) \$1315.00

Good Shepherd Sun Appeal (Clergy/Seminarians) \$945

Caritas - Project Compassion - \$2627.50

Thank you for your kindness & generosity in helping others, what a caring parish we have.



Instagrace 2025

Instagrace is a 3 day catholic residential program organized by Jesus Youth Canberra. This program is designed to help teenagers explore themselves & develop a personal relationship with Jesus through inspiring talks, music & life testimonies.

Held: Outward Bound Australia, 35 Naas Rd, Tharwa.
18 July 9am start to 20 July 4pm. Cost \$250, includes food. Age group: 13 to 17 years.

Registration & parental consent form: <https://docs.google.com/forms/d/1qxf6ViR2uP6cFoetpJT-iloWIHUAskerKM70achXxQI/edit>



Shepherd's Corner

A big thank you to all who contributed towards my 25th Anniversary of Ordination cuppa after Mass last Sunday. I was very humbled by the amount of effort that went into it. Some contributed towards the lovely stole made by Kathryn, others the

food & toward the speeches, gifts, cards & notes. Thanks to the PPC & our team who set up the hall with decorations & the yummy anniversary cake. My Mother also felt very special with the bouquet of flowers. I am very blessed to be Pastor in this Parish. *God's Blessing Fr Emil*

Coming up in the Parish:

Tuesday 8 July

♦ MenALIVE - Hall - 7-8am, Morning Men's Group

♦ Parish Office Closed

Thursday 10 July

♦ Friendship Group - Lunch - Burns Club, Kambah

Sunday 13 July - Good Samaritan Sunday

♦ Aid to Church in Need talking at the weekend masses.

Tuesday 15 July

♦ MenALIVE - Hall - 7-8am, Morning Men's Group

♦ Parish Office Closed

Thursday 17 July

♦ Friendship Group - Hall - 10am-12pm - Stamps

♦ Baptism Preparation Evening - Hall 7pm

Please remember all of our faithful departed:

Recent deceased: Helen Duff

Anniversaries: , Eva Cabardo Arado, Lord, Hear Our Prayer

Moya Smith, Sem Anthony Cabardo,

Fr Benedict Lynch & Msgr John Hoare.

We also remember the souls of the Askander & Shano families. May they all rest in peace.



Monthly Morning Teas

Please join us this weekend in the Church Hall for a hot cuppa after the 8.30am & 10am masses.



Our Parish Welcomes

Hermione Stakelum, Orlando Aloe & Winifred Moore into the Catholic Church this weekend. May they all be richly blessed with God's presence & feel the support of our Parish & their families.

ROSTERS FOR PARISH MINISTRIES

For The Weekend/Sunday of 12/13 July 2025

Fifteenth Sunday in Ordinary Time, Year C/1

Commentators and Lectors

6.00pm S Short & A Smith

8.30am M Mugliston & J Lee

10am F D'Castro & S Topp

Extra-ordinary Ministers of the Eucharist

6.00pm J Grima

8.30am P Collins

10am B Wilson

Acolytes:

6.00pm I Noble

8.30am P Supple

10.00am M McAppion

Music Ministry:

6pm Volunteer please

8.30am S Fatiaki

10.00am C Walshe & D Kenny

Altar Servers:

Trained servers please volunteer at Mass

Church Linen July: M-A Kitchen

Welcome Ministry:

6.00pm P Verdon

8.30am F Nichols

10.00am F Mendes

Altar Care (July 7): V Bray

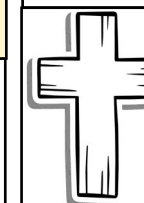


Confirmation

The Confirmation Sacramental Program

Enrolments are now open & close 23 July for children baptised Catholic, in Year 6 or above who have completed their sacraments of First Reconciliation & First Holy Communion. The Program starts 30 July. See our website for instructions on how to enrol & for all of the program dates:

<https://www.mhoc.org.au/sacraments/confirmation/>



Invitation to Called & Gifted Workshop

Join the Good Shepherd prayer group for 5 Wed evenings from 23 July - 20 August, 7 - 9pm. Presented by Clara Geoghegan & Adrian Wellspring at St Peter Chanel's parish room in Weston St, Yarralumla.

Cost \$30, covers course workbook. A very successful way to discern your spiritual gifts. It has solid research behind it from the Dominican tradition & has been used in many parishes with great feedback. Contact Susanna to register: 0419 902 293. Also see the flyers in the foyer.

