

OUR PARISH

Contact the Parish Pastoral Council through the office email.

OUR PARISH MISSION:

"All the Church, all the Gospel, all the people, all the time"

OUR PARISH VISION:

All the Church - we will **WORSHIP** with an open heart.

All the Gospel - we will celebrate the **WORD** with joy.

All the People - we will care for the **WELFARE** of all.

All the Time - we will maintain our **WORKS** with integrity.

OUR PARISH SCRIPTURE

"Refresh my heart in Christ" - Philemon 1:20b

OUR PARISH SAFEGUARDING COMMITMENT

MHoC Parish & the Archdiocese of Canberra & Goulburn are committed to the care, wellbeing & protection of children, young people & people at risk in our community. If you need to communicate any concerns, please contact one of our Parish Safeguarding Contacts displayed on the posters on the main church notice boards & our website.

 Our parish is supported by CCTV and S1 Security. Smile!

THIS WEEK IN THE PARISH (13-19 December)

Remember to turn your phones off when in the church. A prayerful silence is respectfully requested as we gather to celebrate Eucharist.

Sacred Heart Church Mass & CS Times:

Third Sunday of Advent, Psalter Week 3, Yr A/2

Sat: 5.35pm Rosary, 6:00pm **Mass**

Sun: 8.30am & 10am **Mass**

Mon: 8.30am **Mass** Tues: 5.30pm **Mass**

Wed: 8.30am **Mass** Thu: 8.30am **Mass**

Fri: 8.45am Morning Prayer of the Church,
9.00am Rosary, 9.30am **Mass**
5.00pm - 6.00pm Evening Prayer & Adoration

The Pines Living, Farrer, Mass 11am held on the last Thu of the month. *Next date: 18 Dec.*

Goodwin Village, Mass 9.30am held on the last Saturday of the month. *Next date: 20 Dec.*

RECONCILIATION (Confession):

Saturdays 11am-12pm (or by appointment).

FATIMA DEVOTIONS: Next date: Sat 3 Jan 2026

'The Five First Saturdays' Held on the 1st Saturday of the month: **Mass 9.30am**, followed by **confessions** with **benediction 10.30am**, concluding with a **Marian Movement of Priests cenacle**. See blue flyer.

BAPTISMS: Baptism information please see our website or contact the parish office.

WEDDINGS: By appointment, at least 6 months notice is essential. Phone the Office for details.

The BLESSED SACRAMENT CHAPEL

is open daylight hours each day for Adoration & quiet prayer. The chapel is not to be used while Mass is being celebrated. Please do not leave cut flowers or candles in the Chapel.



Mary Help of Christians Parish South Woden, PEARCE ACT

Parish Priest: Father Emil Milat

Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 Ph: 02 6286 1908

Office Manager: Melanie Kerr

Office Hours: 9am – 3pm Tuesday - Friday

Parish email address: wodensouth@cg.org.au

WEBSITE address: www.mhoc.org.au

Sacramental Programmes: Christina Erwin - wodensouth.sacraments@cg.org.au

For information on how to join planned giving or donate to our parish see our website: www.mhoc.org.au/planned-giving/

Our parish acknowledges & celebrates the original custodians of this sacred land & we commit ourselves to the ongoing journey of reconciliation.



Shepherd's Corner

This Sunday you can help to spruce up the church for Christmas. Some parish-ioners have organized a small working bee from 3-5pm — all welcome to help. I will be there with a list of things to do! Also on Sunday we will have an Ad-vent reflection on from 11:30am, to spiritually prepare for Christmas while in the coming week there are three options for the 2nd Rite of Reconciliation (see the notice below). This is a fundamental way to prepare spiritually for Christmas.



On Friday (12 Dec) we will have a graduation Mass for our Year 6 *Sacred Heart School* class, followed later by dinner. Congratulations to all the Sacred Heart families and staff. *God's blessings Fr Emil*

Special Holy Hour being held Sat 13 Dec 9.30-

10.30am for the 49th Anniversary of Sacred Heart Church. The hour begins with Rosary, followed video showing the connection between Divine Mercy & Our Lady of Guadalupe & then a blessing of Our Lady's image for the parish. There will also be time for prayer. Join us as we begin preparing for the 50th Jubilee of our Church. *All welcome.*



Volunteers needed for Nativity Characters:

6pm Children's Christmas Mass.

The team that produced the dazzling costumes (including those huge Angel wings) are keen to size up & prepare the robes. If any parent would like to sign up their child to be one of the characters (Angel, Shepherd, King, baby Jesus etc), contact Fr Emil emil.milat@cg.org.au 0414 523 036 or put your details on the signup sheet in the foyer.



RCIA & Adult Faith Formation – Last session this year.

In the Parish Hall after 10.00am Mass. Refreshments provided. Topic: *Advent – a time of preparing for and reflecting on the meaning of Christ's coming.* Speak with Fr Emil for more information. Ph: 0414523036 or emil.milat@cg.org.au.



Second Rite of Reconciliation Dates & Locations:

- 16 Dec 6.15pm SH Church (MHoC), Pearce
- 17 Dec 5.30pm St Anthony's of Padua, Wanniassa
- 18 Dec 7.00pm Holy Family, Corpus Christi, Gowrie



MHoC - Christmas Mass times 2025

Christmas Eve Wednesday 24 December

No 8.30am Mass at MHoC

6pm Children's Mass

held at Sacred Heart Church (MHoC)

8.30pm Carols, 9pm Vigil

Held at Sacred Heart Church (MHoC)

Christmas Day Thursday 25 December

8.30am & 10am Mass at Sacred Heart Church



Vinnies update

Christmas cards for sale, \$10.00 per pack & *Columban Calendars* \$12.00 each are available to purchase in the foyer of the church. Payment for these can be left in the Vinnies poor box in the wall. Once again we are calling for goodies for our festive **Christmas Hampers**. Items such as tinned ham, Christmas cakes/puddings, chocolates & nuts are in demand & will help our companions celebrate Christmas. Please place under the Christmas Tree in the church until *Thursday 18 Dec.* For more information about the work of the conference contact: Mark Mooney 0450 354 551.



A big thank you. The Vinnies Christmas Appeal raised over \$3000 last weekend thanks mainly to the generosity of the MHoC Parish.

Marian Movement of Priests: invites you & your friends to the 19TH ANNUAL CANBERRA NEW YEAR'S EVE PRAYER VIGIL at Sacred Heart Church, Pearce Wed 31 December. Eucharistic Adoration starts at 8pm, with Rosary on the hour (Joyful, Luminous, Sorrowful & Glorious). Concludes with Benediction at midnight- we receive two plenary Indulgences as we pray the *Te Deum* & *Veni Creator*.



2026 Sacramental Programs

Reconciliation & First Holy Communion Sacramental Program enrolments are now open. The program/s start Wed 11 Feb, 6.30pm in our church. This program is for children baptised Catholic in Year 4 & above in 2026. See the MHOc website for details: <http://www.mhoc.org.au/sacraments/first-holy-communion/>



Please remember all of our faithful departed:

Anniversaries: Fr Paul Stack,
Fr Alan Naughton & Fr Albert Havas
May they all rest in peace.



ROSTERS FOR PARISH 20/21 December 2025

Fourth Sunday of Advent, Year A/2

Commentators and Lectors

6.00pm A Potanin & V Pembrey

8.30am E Tsen & M Tsen

10am S van der Linden & J Wilson

Extra-ordinary Ministers of the Eucharist

6.00pm A Pantano

8.30am M Supple

10am S Topp

Acolytes:

6.00pm S la Vita

8.30am G Joseph

10.00am G Selleck

Music Ministry:

6pm Volunteer please

8.30am S Fatiaki

10.00am C Walshe & D Tantri

Altar Servers:

Trained servers please volunteer at Mass

Church Linen December: V Pembrey

Welcome Ministry:

6.00pm E Neal

8.30am B Garrety

10.00am F Pelosi

Altar Care (December 15) V Pembrey

Christmas & January Rosters

Volunteers are needed for the Christmas & January, *Lector & Extra-ordinary Ministers rosters.*

Please write your name on the sheet/s provided at the main entrance of the church.



Coming up in the Parish:

Sat 13 Dec - 49th Anniversary of our Church

- ♦ Special Holy Hour - 9.30-10.30am - Church (see notice for details)

Sunday 14 December

- ♦ Last Children's Liturgy at 10am during Mass, 2025
- ♦ RCIA 11.30am Start - Hall - meet after 10am Mass
- ♦ Pre-Christmas working bee - church - 3-5pm

Tuesday 16 December

- ♦ Second Rite of Reconciliation at MHoC 6.15pm

Wednesday 17 December

- ♦ Sacred Heart Primary School carols

Note: The Parish Office will be closed from 19 Dec 2025 to 7 Jan 2026.



Singers wanted! If you can sing, we would

love you to join us to help with the music at one of our **Christmas Masses**. There will be a variety of music at each Mass.

For more information please contact Fr Emil at the parish office or Susanna 0419 902 293.



School of Religion Enrolments are open for Term 1, 2026 (Yrs 1-6) for children attending Non-Catholic Schools.

Enrolments are open & the program starts back Wed 11 Feb 2026 from 4-5pm in the Hall & Church. Please see website for details on how to enrol via Qkr!

<http://www.mhoc.org.au/ministries/school-of-religion/>