

OUR PARISH

Contact the Parish Pastoral Council through the office email.

OUR PARISH MISSION:

"All the Church, all the Gospel, all the people, all the time"

OUR PARISH VISION:

All the Church - we will **WORSHIP** with an open heart.

All the Gospel - we will celebrate the **WORD** with joy.

All the People - we will care for the **WELFARE** of all.

All the Time - we will maintain our **WORKS** with integrity.

OUR PARISH SCRIPTURE

"Refresh my heart in Christ" - Philemon 1:20b

OUR PARISH SAFEGUARDING COMMITMENT

MHOC Parish & the Archdiocese of Canberra & Goulburn are committed to the care, wellbeing & protection of children, young people & people at risk in our community. If you need to communicate any concerns, please contact one of our Parish Safeguarding Contacts displayed on the posters on the main church notice boards & our website.

 Our parish is supported by CCTV and S1 Security. Smile!

THIS WEEK IN THE PARISH (10-16 January)

Remember to turn your phones off when in the church. A prayerful silence is respectfully requested as we gather to celebrate Eucharist.

Sacred Heart Church Mass & CS Times:

Baptism of the Lord Psalter Week 2, Year A/2

Sat: 5.35pm Rosary, 6:00pm **Mass**

Sun: 8.30am & 10am **Mass**

Mon: 8.30am **CS** Tues: 5.30pm **Mass**

Wed: 8.30am **Mass** Thu: 8.30am **Mass**

Fri: 8.45am Morning Prayer of the Church,

9.00am Rosary, 9.30am **Mass**

5.00pm - 6.00pm Evening Prayer & Adoration

The Pines Living, Farrer, Mass 11am held on the last Thursday of the month. **Note Next date: 29 Jan.**
Goodwin Village, Mass 9.30am held on the last Saturday of the month. **Next date: 31 Jan.**

RECONCILIATION (Confession):

Saturdays 11am-12pm (or by appointment)

FATIMA DEVOTIONS: Next date: Sat 7 Feb TBC

'The Five First Saturdays' Held on the 1st Saturday of the month: **Mass 9.30am**, followed by **confessions** with **benediction 10.30am**, concluding with a **Marian Movement of Priests cenacle**. See blue flyer.

BAPTISMS: Baptism information please see our website or contact the parish office.

WEDDINGS: By appointment, at least 6 months notice is essential. Phone the Office for details.

The BLESSED SACRAMENT CHAPEL

is open daylight hours each day for Adoration & quiet prayer. The chapel is not to be used while Mass is being celebrated. Please do not leave cut flowers or candles in the Chapel.



Mary Help of Christians Parish South Woden, PEARCE ACT

Parish Priest: Father Emil Milat

Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 Ph: 02 6286 1908

Parish Officer: Carmela Sampaga

Office Hours: 9am – 3pm Tuesday - Friday

Parish email address: wodensouth@cg.org.au

WEBSITE address: www.mhoc.org.au

Sacramental Programmes: Christina Erwin - wodensouth.sacraments@cg.org.au

For information on how to join planned giving or donate to our parish see our website: www.mhoc.org.au/planned-giving/

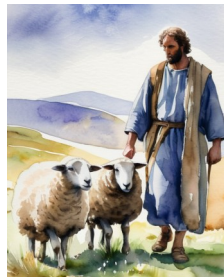
Our parish acknowledges & celebrates the original custodians of this sacred land & we commit ourselves to the ongoing journey of reconciliation.



Shepherd's Corner

We are leaving the Christmas season behind with the Feast of the Baptism of Jesus, I pray a fresh start in our Baptismal calling for us all.

We welcome our new parish officer this week Carmela Sampaga, she is settling into the role while learning so much new information. We thank Melanie for her commitment to train her. Next week is Melanie's last in the office & we will have a low-key morning tea at 9:15am after the morning Mass in the Parish Hall on Thursday 15 January, anyone welcome to come & say goodbye. *God's blessings Fr Emil*



Please note Fr Emil will be on leave Tuesday 20 & Wednesday 21 January. There will be a Communion Service offered instead of Mass on those days.

Please remember all of our faithful departed:

Recently departed: Natasha Gillard, Fr Francis Fuchs & Stephen Prowse.
Anniversaries: Chung Thi-Thuan, Michael Hynes, Rustam Tantri, Francisco Mendes, John Carlon & Fr Ronald Flack. We also pray for the soul of Manuel Barriera. *May they all rest in peace.*



Cursillo Weekend - 17-19 April 2026

at St Clement's Retreat Centre, Galong
A Cursillo is a faith formation course; the word 'Cursillo' literally means 'short course' in Spanish. The first Cursillo was held in Spain in 1944 & in Canberra-Goulburn in 1966. Contact Michael & Erica michaelderadt@gmail.com
Info and registration: <https://tinyurl.com/cursillo2026>



Tribunal of the Catholic Church

Marriage breakdown is a traumatic experience for all those concerned. The Church reaches out in support of those who are divorced, while upholding the permanence of a true Christian marriage. The Canberra Office of the Tribunal extends an invitation to any divorced person who would like to talk about the annulment process. Privacy will be respected. Should you choose to apply for an annulment, you will be guided and supported through the process. For information: phone the Canberra Office of the Tribunal on **6239 9813** or email tribunal@cg.org.au



2026 Sacramental Programs

Reconciliation & First Holy Communion
Sacramental Program enrolments are open. The program/s start Wed 11 Feb, 6.30pm in our church. This program is for children baptised Catholic in Year 4 & above in 2026. See the MHOC website for details: <http://www.mhoc.org.au/sacraments/first-holy-communion/>



Save the date: the *Confirmation* Sacramental Program is for students in Year 6 & above. Enrolments open 24 Jun 2026 & the program will begin on 29 Jul 2026. More details to come.



School of Religion Enrolments are open for Term 1, 2026 (Yrs 1-6) for children attending Non-Catholic Schools.

The program recommences Wed 11 Feb, 4-5pm in the Parish Hall & Church. Please see website for details on how to enrol via Qkr!

<http://www.mhoc.org.au/ministries/school-of-religion/>

Marriage Enrichment - Ministry to the Newly Married

About to be married or recently married?

Then this may be for you!

Ministry to the Newly Married (MNM) is a mentoring program for couples who have married in the last 2 years or about to be married in the next 6 months. This unique program aims to foster the development of relationship skills & supports living the sacrament of marriage.

Registrations close 21 January 2026.

Contact Ralph & Angela on 0401 994 081

OR Helena on 0405 440 463 with enquiries.

www.marriagefamily.org.au



Trendsetters - A Jesus Youth Discipleship Retreat

Navigating your faith into adulthood can be challenging, especially in a fast-paced world! Trendsetters is a time for you to set your eyes on God through ENCOUNTER of His Love & a RENEWAL of your faith! Dates: **23-27 Jan 2026** (5 DAYS)

Location: YWAM Canberra, Watson, ACT 2602

Who: Highschool Graduates & Uni students (18-23yrs)

Register by: 11 Jan.

For more information contact:

Email - canberra@jesusyouth.org.au

Tanya Jojo – 0431805052



ROSTERS FOR PARISH 17/18 January 2026

Second Sunday in Ordinary Time, Year A/2

Commentators and Lectors

6.00pm A Smith & L McNicol

8.30am M & E Tsen

10am C Tantri & V Pembrey

Extra-ordinary Ministers of the Eucharist

6.00pm V Pembrey

8.30am Volunteer needed

10am S Topp

Acolytes:

6.00pm M Fitzsimons

8.30am P Supple

10.00am G Selleck

Music Ministry:

6pm Volunteer please

8.30am Volunteer please

10.00am Volunteer please

Altar Servers:

Trained servers please volunteer at Mass

Church Linen January: M Supple

Welcome Ministry:

6.00pm R & C McNicol

8.30am F Nichols

10.00am R & B Usback

Altar Care (January 17) V Bray

Dominican Retreat Single adults, ages

18-35, are invited to join the Dominican Friars & Sisters for a weekend retreat at St Mary's Towers, Douglas Park, NSW from **13-15 February 2026**. The retreat will consist of talks, discussion, silence, Eucharistic Adoration, the Sacrament of Confession, Mass, & time for fellowship. Places limited. Fee: \$300 per person. <https://www.trybooking.com/DHJBL>



We have two **2026 Daily Mass Books** available for a donation of \$30.00 each in the Parish Office. Please speak with Fr Emil or contact the office:

If you **lost** a gold necklace with a pendant over the Christmas period please speak with Fr Emil or contact the office.

wodensouth@cg.org.au or 6286 1908.

Thank you to our wonderful & generous Parish!

Over the Christmas period we raised generous funds & also felt the love & support through our volunteers who helped with all the set up, pack down & running of the Masses etc... Thank you for all you do, no matter how small, it all helps.

Christmas Offerings: To support our parish priests, we raised \$1965.00.



The Archbishops Christmas Appeal:

\$2484.00 was raised. This will go toward many local & overseas people in great need.

A reminder that if you would like to **join our planned giving program** to help pay for the running of the church/hall & office contact the office at wodensouth@cg.org.au or see our website for details. www.mhoc.org.au/planned-giving/