

OUR PARISH

Contact the Parish Pastoral Council through the office email.

OUR PARISH MISSION:

"All the Church, all the Gospel, all the people, all the time"

OUR PARISH VISION:

All the Church - we will **WORSHIP** with an open heart.

All the Gospel - we will celebrate the **WORD** with joy.

All the People - we will care for the **WELFARE** of all.

All the Time - we will maintain our **WORKS** with integrity.

OUR PARISH SCRIPTURE

"Refresh my heart in Christ" - Philemon 1:20b

OUR PARISH SAFEGUARDING COMMITMENT

MHoC Parish & the Archdiocese of Canberra & Goulburn are committed to the care, wellbeing & protection of children, young people & people at risk in our community. If you need to communicate any concerns, please contact one of our Parish Safeguarding Contacts displayed on the posters on the main church notice boards & our website.

 Our parish is supported by CCTV and S1 Security. Smile!

THIS WEEK IN THE PARISH (17-23 January)

Remember to turn your phones off when in the church. A prayerful silence is respectfully requested as we gather to celebrate Eucharist.

Sacred Heart Church Mass & CS Times:

Second Sunday in Ordinary Time

Psalter Week 3, Year A/2

Sat: 5.35pm Rosary, 6:00pm **Mass**

Sun: 8.30am & 10am **Mass**

Mon: 8.30am **CS** Tues: 5.30pm **CS**

Wed: 8.30am **CS** Thu: 8.30am **Mass**

Fri: 8.45am Morning Prayer of the Church,
9.00am Rosary, 9.30am **Mass**
5.00pm - 6.00pm Evening Prayer & Adoration

The Pines Living, Farrer, Mass 11am held on the last Thursday of the month. Note Next date: 29 Jan.

Goodwin Village, Mass 9.30am held on the last Saturday of the month. Next date: 31 Jan.

RECONCILIATION (Confession):

Saturdays 11am-12pm (or by appointment)

FATIMA DEVOTIONS: Next date: Sat 7 Feb TBC

'The Five First Saturdays' Held on the 1st Saturday of the month: **Mass 9.30am**, followed by **confessions** with **benediction 10.30am**, concluding with a **Marian Movement of Priests cenacle**. See blue flyer.

BAPTISMS: Baptism information please see our website or contact the parish office.

WEDDINGS: By appointment, at least 6 months notice is essential. Phone the Office for details.

The BLESSED SACRAMENT CHAPEL

is open daylight hours each day for Adoration & quiet prayer. The chapel is not to be used while Mass is being celebrated. Please do not leave cut flowers or candles in the Chapel.



Mary Help of Christians Parish South Woden, PEARCE ACT

Parish Priest: Father Emil Milat

Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 Ph: 02 6286 1908

Parish Officer: Carmela Sampaga

Office Hours: 9am – 3pm Tuesday - Friday

Parish email address: wodensouth@cg.org.au

WEBSITE address: www.mhoc.org.au

Sacramental Programmes: Christina Erwin - wodensouth.sacraments@cg.org.au

For information on how to join planned giving or donate to our parish see our website: www.mhoc.org.au/planned-giving/

Our parish acknowledges & celebrates the original custodians of this sacred land & we commit ourselves to the ongoing journey of reconciliation.



Shepherd's Corner

This coming **Thursday 22 January** the Prime Minister has called a National Day of Mourning for the victims of the Bondi Terrorist attack. I will focus the **8:30am Mass** on this intention with a minute's silence. We also pray for our nation during the Royal Commission on Antisemitism. Religion will be a prominent discussion point. In fact, the Prime Minister referenced the Old Testament in terms of setting limits on new hate speech laws. This can be a key time for Christians to highlight the love of Jesus as the highpoint of religious revelation and healing. We read about Jesus' healing power in Sunday's Gospel. *God's blessings Fr Emil*



Coming up in the Parish:

Tuesday 20 January

♦ MenALIVE - Hall - 7-8am - Morning Men's group

Thursday 22 January

♦ National Day of Mourning for the Bondi Terrorist Attack. We will fly our flag at half-mast.

Please note Fr Emil will be on leave 20 & 21 Jan. A Communion Service will be offered at this time.

Attention: Fri 30 Jan Mass will be at 8.30am NOT 9.30am & the Marist Staff will be in attendance.

Please remember all of our faithful departed:

Recently departed: Patrick Flynn.

Anniversaries: John Ambrose McKeown,
Zacharia McMahon, Gordon Robinson,
John Popplewell, Juliana Campos &
Fr Michael Quinn

May they all rest in peace.



Our Parish Welcomes

Leo and Lucas Malinic through the sacrament of Baptism this weekend. May they be richly blessed with God's presence & feel the support of our parish & their family.

We have two **2026 Daily Mass Books** available for a donation of \$30.00 each in the Parish Office. Please speak with Fr Emil or contact the office.

If you **lost** a gold necklace with a pendant over the Christmas period please speak with Fr Emil or contact the office.

wodensouth@cg.org.au or 6286 1908.

2026 Sacramental Programs

Reconciliation & First Holy Communion Sacramental Program enrolments are open. The program/s start Wed 11 Feb, 6.30pm in our church. This program is for children baptised Catholic in Year 4 & above in 2026. See the MHOC website for details: <http://www.mhoc.org.au/sacraments/first-holy-communion/>

*Numbers attending for some First Holy Communion Masses will be **limited** so please **enrol now** to ensure you can attend the Mass of your choice.*



School of Religion Enrolments are open for Term 1 (Yrs 1-6) for children attending Non-Catholic Schools.

The program recommences Wed 11 Feb, 4-5pm in the Parish Hall & Church. We strongly recommend all children from non-Catholic schools preparing for the Sacramental Program to enrol in our School of Religion. See website for details on how to enrol <http://www.mhoc.org.au/ministries/school-of-religion/>

Marriage Enrichment - Ministry to the Newly Married

About to be married or recently married? Then this may be for you!

Ministry to the Newly Married (MNM) is a mentoring program for couples who have married in the last 2 years or about to be married in the next 6 months. This unique program aims to foster the development of relationship skills & supports living the sacrament of marriage. **Registrations close 21 January.**

Contact Ralph & Angela on 0401 994 081 OR Helena on 0405 440 463 with enquiries.

www.marriagefamily.org.au



Trendsetters - A Jesus Youth Discipleship Retreat

Navigating your faith into adulthood can be challenging, especially in a fast-paced world! Trendsetters is a time for you to set your eyes on God through ENCOUNTER of His Love & a RENEWAL of your faith! Dates: **23-27 Jan 2026** (5 DAYS)

Location: YWAM Canberra, Watson, ACT 2602

Who: Highschool Graduates & Uni students (18-23yrs)

Register by: 11 Jan.

For more information contact:

Email - canberra@jesusyouth.org.au

Tanya Jojo – 0431805052

 **JESUS YOUTH AUSTRALIA**



ROSTERS FOR PARISH 24/25 January 2026

Third Sunday in Ordinary Time, Year A/2

Commentators and Lectors

6.00pm A Smith & M Blackmore

8.30am Volunteer please & S Topp

10am B Usback & P Moroney

Extra-ordinary Ministers of the Eucharist

6.00pm V Pembrey

8.30am Volunteer needed

10am B Wilson

Acolytes:

6.00pm Volunteer please

8.30am P Collins

10.00am M McAppion

Music Ministry:

6pm Volunteer please

8.30am Volunteer please

10.00am Volunteer please

Altar Servers:

Trained servers please volunteer at Mass

Church Linen January: M Supple

Welcome Ministry:

6.00pm C Nash

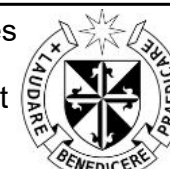
8.30am E & E Tranter-Edwards

10.00am J & B Wilson

Altar Care (January 24) M Jacob

Dominican Retreat Single adults, ages

18-35, are invited to join the Dominican Friars & Sisters for a weekend retreat at St Mary's Towers, Douglas Park, NSW from **13-15 February 2026**. The retreat will consist of talks, discussion, silence, Eucharistic Adoration, the Sacrament of Confession, Mass, & time for fellowship. Places limited. Fee: \$300 per person. <https://www.trybooking.com/DHJBL>



Thank you from Melanie & Welcome to Carmela!

After just over 5 years of working in this beautiful parish I am moving on, to working less days at the Cathedral, starting in February.

A big thank you to you all for making my time so wonderful here. I/We really do appreciate all the efforts given & the extremely generous nature of our Parish. I believe we are quite unique.

I had a teary but beautiful farewell on Thursday. Thank you to everyone who took time out of their day to make me feel so loved & to those who couldn't make it but took the time to send me messages or drop in for a hug.

I would like to officially welcome **Carmela** who will be the new smiling face, please come & introduce yourself to her. I would also like to thank **Christina** for 3 awesome years & **Fr Emil** for the past 2, you are both extraordinary people & I will miss you both dearly.

Best wishes Melanie

