

OUR PARISH

Contact the Parish Pastoral Council through the office email.

OUR PARISH MISSION:

"All the Church, all the Gospel, all the people, all the time"

OUR PARISH VISION:

All the Church - we will **WORSHIP** with an open heart.

All the Gospel - we will celebrate the **WORD** with joy.

All the People - we will care for the **WELFARE** of all.

All the Time - we will maintain our **WORKS** with integrity.

OUR PARISH SCRIPTURE

"Refresh my heart in Christ" - Philemon 1:20b

OUR PARISH SAFEGUARDING COMMITMENT

MHoC Parish & the Archdiocese of Canberra & Goulburn are committed to the care, wellbeing & protection of children, young people & people at risk in our community. If you need to communicate any concerns, please contact one of our Parish Safeguarding Contacts displayed on the posters on the main church notice boards & our website.

 Our parish is supported by CCTV and S1 Security. Smile!

THIS WEEK IN THE PARISH (14-20 February)

Remember to turn your phones off when in the church. A prayerful silence is respectfully requested as we gather to celebrate Eucharist.

Sacred Heart Church Mass & CS Times:

Sixth Sunday in Ordinary Time

Psalter Week 2, Year A/2

Sat: 5.35pm Rosary, 6:00pm **Mass**

Sun: 8.30am & 10am **Mass**

Mon: 8.30am **CS** Tues: 5.30pm **Mass**

Wed: *various times* **Mass** Thu: 8.30am **Mass**

Fri: 9.10am Rosary, 9.30am **Mass**

5.00pm - 6.00pm Evening Prayer & Adoration

The Pines Living, Farrer, Mass 11am held on the

last Thursday of the month. **Next date: 5 Mar**

Goodwin Village, Mass 9.30am held on the last

Saturday of the month. **Next date: 28 Feb**

RECONCILIATION (Confession):

Saturdays 11am-12pm (or by appointment)

FATIMA DEVOTIONS: Next date: Sat 7 March

'The Five First Saturdays' Held on the first Saturday of the month: **Mass 9.30am**, followed by **confessions** with **benediction 10.30am**, concluding with a **Marian Movement of Priests cenacle**. See blue flyer.

BAPTISMS: Baptism information please see our website or contact the parish office.

WEDDINGS: By appointment, at least 6 months notice is essential. Phone the Office for details.

The BLESSED SACRAMENT CHAPEL

is open daylight hours each day for Adoration & quiet prayer. The chapel is not to be used while Mass is being celebrated. Please do not leave cut flowers or candles in the Chapel.



Mary Help of Christians Parish South Woden, PEARCE ACT

Parish Priest: Father Emil Milat

Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 Ph: 02 6286 1908

Parish Officer: Carmela Sampaga

Office Hours: 9am – 3pm Tuesday - Friday

Parish email address: wodensouth@cg.org.au

WEBSITE address: www.mhoc.org.au

Sacramental Programmes: Christina Erwin - wodensouth.sacraments@cg.org.au

For information on how to join planned giving or donate to our parish see our website: www.mhoc.org.au/planned-giving/

Our parish acknowledges & celebrates the original custodians of this sacred land & we commit ourselves to the ongoing journey of reconciliation.



Lenten & Easter Season 2026:

Please check our **Lenten & Easter Timetable 2026** posted on all church entrances. Thank you!



Lenten Group will start first Sunday of Lent 22 Feb 11am (after the 10m Mass), in the parish hall. If you like to reserve a Lenten book pls email Peter on peterhef8@gmail.com. A great way to enter the graces of this special season to prepare for Easter. All welcome.



Project Compassion 2026: Unite Against Poverty



This Lent, Caritas Australia invites us to stand with vulnerable communities. Your support provides life-changing clean water, education, and healthcare



worldwide.

Donation Envelopes & Boxes: To reduce waste and care for our "common home," we are using single envelopes/boxes instead of weekly sets.

How to Give: Make a one-off gift or take an envelope/box to give throughout the season. These are available at all church entrances.. Or, may scan the QR code.

Collection: Please return your offerings at 7pm Holy Thursday or any Easter Mass.

Your Impact: Every gift builds a more just future.

Donations over \$2 are tax-deductible.

Coming up in the Parish:

At Weekend Masses, Sat/Sun, 14-15 February

♦ Presentation Mass for Reco & FHC

♦ Children's Liturgy - SHC - **10am Sunday mass**

Tuesday, 17 February

♦ Finance Committee Mtg - Parish Office - **6:15pm**

ASH Wednesday 18 February

♦ Masses-SHC- **7:30am 9:30am & 5:30pm**

♦ School of Religion - SHC- **6:30pm**.

♦ Reconciliation Program Session 1&2 combined - SHC - **6:30pm**

Thursday 19 February

♦ Baptism Prep Evening - Parish Hall - **7:00pm**

Friday 20 February

♦ Start of Eucharistic Adoration all Fridays in Lent - SHC - **10:00am - 9:00pm (depending on volunteers)**

Shepherd's Corner

It was good to meet the parents preparing their child for 1st Reco and Holy Communion last week, we welcome them to the Masses this weekend as they commit to prepare their child for the Sacrament next month. I watched a film called La Vie en Rose last week on apple T.V. or Prime about how a famous French actress Edith Piaf (sort of the French "Elvis Presley") who was healed from blindness by the intercession of St Therese of Lisieux as a child. Just one saint you might like to discover this Lent- which begins this Wednesday. *God's blessing Fr Em*



Parish Assembly Registration Now Open

Join us for our Parish Assembly on 14 March, 1:30–5:30 PM at the Parish Hall

Please register your interest by:

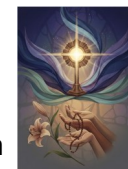
1. Scanning the QR code on the poster at church entrances
 2. Visiting www.trybooking.com/DJGTA
 3. Signing up in the church foyer
- Check the poster at church entrances for details.*



Friday Adoration during Lent

Deepen your prayer life starting **Friday, Feb 20**, from **10:00 AM to 9:00 PM**.

Please sign up for a one-hour commitment in the main foyer. Fr Emil will follow-up with registered volunteers for instructions.



Claim the Date: Women's Spirituality Afternoon

When: Saturday, April 18 | 1:00 pm – 5:00 pm **Where:** Parish Hall

Following the success of our men's events, we invite all women of the parish to a dedicated afternoon of prayer and reflection. Featuring guest speakers from the **MGL Sisters Leadership Team** and the return of the inspiring **Karen Flood**. Stay tuned for further information and registration details.

ROSTERS FOR PARISH 21-22 Feb 2026

First Sunday of Lent, Year A/2

Commentators and Lectors

6.00pm V Pembrey & A Potanin

8.30am E Tsen & M Tsen

10am S Tan & S Taylor

Extra-ordinary Ministers of the Eucharist

6.00pm M Jacob

8.30am P Collins

10am S Topp

Acolytes:

6.00pm P Verdon

8.30am G Joseph

10.00am M McAppion

Music Ministry:

6pm *Volunteer needed pls.* 😊

8.30am S Fatiaki

10.00am M McKenna

Altar Servers:

Trained servers please volunteer at Mass Church Linen February: S de Silva

Welcome Ministry:

6.00pm R & C McNichol

8.30am N Hatley

10.00am R & B Usback

Altar Care (February 21) M Paragalli



Congratulations to Matthew & Kaur on your wedding day on Saturday, 14 February 2026. *Blessings!*

Please Remember in Your Prayers

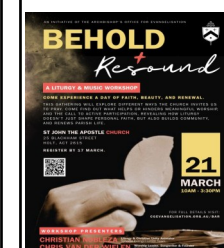
We remember all our faithful departed, especially those whose anniversaries occur at this time:

*Salvatorre Giorgi, Giorgi Family,
Stramandinoli Family, Frank Ieroianni,
Giuseppe Paragalli, Fr Henry Byrne
and Fr Athanasius O'Dwyer
May they rest in peace*



SAVE THE DATE:

Behold &Resound Workshop



Deepen your experience of the Mass through a day of liturgical formation and practical tools.

WHEN: Sat, 21 Mar 10am – 3:30pm

WHERE: St John the Apostle Church, Kippax

LUNCH: Provided on the day.

REGISTER NOW: Scan the poster in the foyer or visit the "News" section of our website.

More details and updates on the website under the News section. Have a wonderful week ahead! 😊