

OUR PARISH

Contact the Parish Pastoral Council through the office email.

OUR PARISH MISSION:

"All the Church, all the Gospel, all the people, all the time"

OUR PARISH VISION:

All the Church - we will **WORSHIP** with an open heart.

All the Gospel - we will celebrate the **WORD** with joy.

All the People - we will care for the **WELFARE** of all.

All the Time - we will maintain our **WORKS** with integrity.

OUR PARISH SCRIPTURE

"Refresh my heart in Christ" - Philemon 1:20b

OUR PARISH SAFEGUARDING COMMITMENT

MHoC Parish & the Archdiocese of Canberra & Goulburn are committed to the care, wellbeing & protection of children, young people & people at risk in our community. If you need to communicate any concerns, please contact one of our Parish Safeguarding Contacts displayed on the posters on the main church notice boards & our website.

 **Our parish is supported by CCTV and S1 Security. Smile!**

THIS WEEK IN THE PARISH (28 Feb - 6 Mar)

Remember to turn your phones off when in the church. A prayerful silence is respectfully requested as we gather to celebrate Eucharist.

Sacred Heart Church Mass & CS Times:

**Second Sunday of Lent
Psalter Week 2, Year A/2**

Sat: 5.35pm Rosary, 6:00pm **Mass**

Sun: 8.30am & 10am **Mass**

Mon: 8.30am **CS** Tues: 5.30pm **Mass**

Wed: 8.30 am **Mass** Thu: 8.30am **Mass**

Fri: 9.10am Rosary, 9.30am **Mass**

5.00pm - 6.00pm Evening Prayer & Adoration

The Pines Living, Farrer, Mass 11am held on the

last Thursday of the month. **Next date: 5 Mar**

Goodwin Village, Mass 9.30am held on the last

Saturday of the month. **Next date: 28 Feb**

RECONCILIATION (Confession):

Saturdays 11am-12pm (or by appointment)

FATIMA DEVOTIONS: Next date: Sat 7 March

'The Five First Saturdays' Held on the first Saturday of the month: **Mass 9.30am**, followed by **confessions** with **benediction 10.30am**, concluding with a **Marian Movement of Priests cenacle**. See blue flyer.

BAPTISMS: Baptism information please see our website or contact the parish office.

WEDDINGS: By appointment, at least 6 months notice is essential. Phone the Office for details.

The BLESSED SACRAMENT CHAPEL

is open daylight hours each day for Adoration & quiet prayer. The chapel is not to be used while Mass is being celebrated. Please do not leave cut flowers or candles in the Chapel.



Mary Help of Christians Parish South Woden, PEARCE ACT

Parish Priest: Father Emil Milat

Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 Ph: 02 6286 1908

Parish Officer: Carmela Sampaga

Office Hours: 9am – 3pm Tuesday - Friday

Parish email address: wodensouth@cg.org.au

WEBSITE address: www.mhoc.org.au

Sacramental Programmes: Christina Erwin - wodensouth.sacraments@cg.org.au

For information on how to join planned giving or donate to our parish see our website: www.mhoc.org.au/planned-giving/

Our parish acknowledges & celebrates the original custodians of this sacred land & we commit ourselves to the ongoing journey of reconciliation.

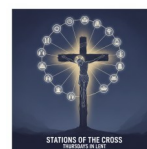


Lenten & Easter Season 2026:



Stations of the Cross – Thurs in Lent

Join us each Thursday during Lent for the *Stations of the Cross* following the 8:30am Mass. All are warmly welcome to take part in this Lenten devotion.



Friday Adoration during Lent

Deepen your prayer life this **Fri, Feb 27**, and ongoing from **10AM to 9PM**

Come to the church and pray anytime during the day. - Fr Emil

Lenten Group – Next on 8 Mar

Join Fr Emil for the Compassio 2026

program (Diocese of Wollongong)

Next session on 3rd Sunday of Lent,

8 Mar at 11am (after 10am Mass) in

the parish hall.

Three more sessions: 15/3, 22/3, 29/3

Reflection, shared conversation, deeper encounter with the Risen Christ.



Project Compassion 2026 shares four stories from around the world. We'll meet Sisilia from Tanzania, Monoranjon from Bangladesh, Manaini from Fiji and Ahmad from Gaza.

Each highlights challenges overcome with hope for brighter futures.

If you have time, click to watch [Project Compassion 2026 Parish Films on Vimeo](#) and learn more about there personal journeys. **Pls scan the QR code.**



Please donate today.

Shepherd's Corner

I attended our parish Vinnie's meeting conference last Monday; I am always moved by the good work they do.

It is sobering to hear how some people do it tough in our community. Their ministry particularly resonates with the theme of almsgiving in Lent. The PPC is meeting this Tuesday evening to plan further the Parish Assembly - it be great to get the numbers in so we can allocate the venue etc. **Pls register with the QR code or sign-up sheet in foyer if you can attend.** *God's Blessings Fr Emil*



Coming up in the Parish: Adoration hour after all masses this weekend opens road to Eucharist28. Saturday, 28 February

♦ Mass - Goodwin - 9:30am mass

Sunday 1 March

♦ Children's Liturgy - SHC - 10am mass

♦ Catholic Mysticism with Fr Emil - Zoom - 4:30pm

Tuesday 3 March

♦ PPC Meeting - Meeting Room - 6:15pm

Wednesday 4 March

♦ Celebration of First Reconciliation - SHC - 6:30pm

Thursday 5 March Friendship Group - Hall - 10:00am

Parish Assembly Registration Open

Join us for our Parish Assembly on 14 March, 1:30–5:30 PM at the Parish Hall **Pls scan the QR code.**



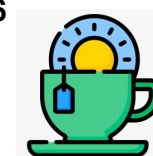
Welcome to the Family!

On Sunday, we celebrate the baptism of baby **Oliver Mark Tankey**. *We offer our congratulations and blessings to his parents, godparents, and extended family.*

Parish Morning Tea – Sun, 1 Mar 2026

Come along to the Hall for morning tea after the 8.30am and 10am Masses.

Please bring something to share if you can — everyone is very welcome!



First Reconciliation Congratulations

Our parish warmly congratulates the children making their First Reconciliation this coming Wednesday. We pray they experience God's mercy and love. *All are welcome to join in celebration.*



ROSTERS FOR PARISH 7/8 Mar 2026

Third Sunday of Lent, Year A/2

Commentators and Lectors

6.00pm M Blackmore & S Peake

8.30am M Mugliston & M Supple

10am F de Castro & J Wilson

Extra-ordinary Ministers of the Eucharist

6.00pm A Pantano

8.30am C West

10am B Wilson

Acolytes:

6.00pm Volunteer needed, pls. 😊

8.30am P Collins

10.00am M McAppion

Music Ministry:

6pm Volunteer needed, pls. 😊

8.30am S Fatiaki

10.00am C Walshe & D Kenny

Altar Servers:

Trained servers please volunteer at Mass

Church Linen March: S de Silva

Welcome Ministry:

6.00pm P Verdon

8.30am F Nichols

10.00am J & B Wilson

Altar Care (March 7) V Bray

Please Remember in Your Prayers

We offer mass for the Agostinis; Luigi, Paula & Ana. We remember all our faithful departed, especially those whose anniversaries occur at this time, *particularly Fr. Eris O'Brien & Mgr Kevin Barry-Cotter* May they rest in peace



A PRAYER APP FOR DAILY LIFE

Make daily prayer part of your day with the free **Bread 4 Today** app — simple, reflective, and inspiring. **Visit the website.**



Archdiocesan Women's Taskforce –

Int'l Women's Day Breakfast

Join the 2026 Int'l Women's Day Breakfast on **Thursday, 5 Mar, 7:30 am** at **Ainslie Football Club**. Guest speaker **Chiara Porro**, Australian diplomat and former Ambassador to the Holy See, will share insights from her role.

Cost: \$45

Info: www.cgwomen.com.au

Register: [Humanitix link](#)

Enquiries: Helena Zobec – 0405 440 463

Join Fr Laurence Freeman OSB

on **Tuesday 10 March, 7–**

8.30pm at **Marist College Canberra**.

Explore Christian meditation and "*Full of Grace, transformed by God's love.*" Keynote, discussion, Q&A. **Free** – register via flyer QR code thru this [link](#) or get a copy in the foyer

