

OUR PARISH

Contact the Parish Pastoral Council through the office email.

OUR PARISH MISSION:

"All the Church, all the Gospel, all the people, all the time"

OUR PARISH VISION:

All the Church - we will **WORSHIP** with an open heart.

All the Gospel - we will celebrate the **WORD** with joy.

All the People - we will care for the **WELFARE** of all.

All the Time - we will maintain our **WORKS** with integrity.

OUR PARISH SCRIPTURE

"Refresh my heart in Christ" - Philemon 1:20b

OUR PARISH SAFEGUARDING COMMITMENT

MHOC Parish & the Archdiocese of Canberra & Goulburn are committed to the care, wellbeing & protection of children, young people & people at risk in our community. If you need to communicate any concerns, please contact one of our Parish Safeguarding Contacts displayed on the posters on the main church notice boards & our website.

 **Our parish is supported by CCTV and S1 Security. Smile!**

THIS WEEK IN THE PARISH (21-27 March)

Remember to turn your phones off when in the church. A prayerful silence is respectfully requested as we gather to celebrate Eucharist.

Sacred Heart Church Mass & CS Times:

**Fifth Sunday of Lent
Psalter Week 1, Year A/2**

Sat: 5.35pm Rosary, 6:00pm **Mass**

Sun: 8.30am & 10am **Mass**

Mon: 8.30am **CS** Tues: 5.30pm **Mass**

Wed: 8.30 am **Mass** Thu: 8.30am **Mass**

Fri: 9.10am Rosary, 9.30am **Mass**

5.00pm - 6.00pm Evening Prayer & Adoration

The Pines Living, Farrer, Mass 11am held on the

last Thursday of the month. Next date: **30 Apr**

Goodwin Village, Mass 9.30am held on the last

Saturday of the month. Next date: **28 Mar**

RECONCILIATION (Confession):

Saturdays 11am-12pm (or by appointment)

FATIMA DEVOTIONS: Next date: 4Apr 7pm mass

'The Five First Saturdays' Held on the first Saturday of the month: **Mass 9.30am**, followed by **confessions** with **benediction 10.30am**, concluding with a **Marian Movement of Priests cenacle**.

See blue flyer.

BAPTISMS: Baptism information please see our website or contact the parish office.

WEDDINGS: By appointment, at least 6 months notice is essential. Phone the Office for details.

The BLESSED SACRAMENT CHAPEL

is open daylight hours each day for Adoration & quiet prayer. The chapel is not to be used while Mass is being celebrated. Please do not leave cut flowers or candles in the Chapel.



Mary Help of Christians Parish South Woden, PEARCE ACT

Parish Priest: Father Emil Milat

Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 Ph: 02 6286 1908

Parish Officer: Carmela Sampaga

Office Hours: 9am – 3pm Tuesday - Friday

Parish email address: wodensouth@cg.org.au

WEBSITE address: www.mhoc.org.au

Sacramental Programmes: Christina Erwin - wodensouth.sacraments@cg.org.au

For information on how to join planned giving or donate to our parish see our website: www.mhoc.org.au/planned-giving/

Our parish acknowledges & celebrates the original custodians of this sacred land & we commit ourselves to the ongoing journey of reconciliation.



Lenten & Easter Season 2026:



Stations of the Cross: Every Thurs during Lent, following the 8:30am mass.



Friday Adoration: Each Friday of Lent, 10am-9pm. The church will be open for private prayer throughout the day.



Lenten Group - Compassio 2026:

Facilitated by Fr Emil on Sundays at 11am (after the 10am Mass) in the parish hall. Upcoming sessions: 22 and 29 March.



Palm Sunday: 29 March - Regular Masses - SHC

Chrism Mass: Monday, 30 March 5pm

St Christopher's Cathedral, Manuka

2nd Rite of Reconciliation, **Wednesday, 1 April 6:30pm** Transfiguration Parish - North Woden (Curtin)

Paschal Triduum

Mass of the Lord's Supper / Adoration at the Altar of Repose **Thursday 2 April 7pm** - SHC

The Way of the Cross, Friday, 3 April 10am - Marist

Passion of the Lord, Friday, **3 April 3pm** - SHC

Heads up > Good Friday Collection for the Holy Land

Easter Vigil Mass, Saturday, **4 April 7pm** - SHC

Easter Sunday, **5 April 8:30am & 10am masses** -SHC
Please note: DST ends, adjust clock 1 hour back

Shepherd's Corner



This Sunday we begin what is liturgically called *Passiontide*- the doorstep of the Easter mysteries. The rosters for readers and minsters are now in the foyer- if those with the gifts could pls put their names down. I will contact you for details. The Easter times are in the Bulletin. Note: Saturday Vigil will be special time of 7pm. Thanks again to all who helped with the parish assembly. This weekend we have the other big aspect of parish life- **Finance Presentation**. Thank you too our gifted and committed Finance Committee for their invaluable help. *God's blessings Fr Emil*



This Lent, join
Project Compassion: Unite Against Poverty.

Every donation helps transform lives. Give via envelopes or boxes in the foyer, or online via QR code.

[Check this link](#)



Thank you for your generosity.

Coming up in Our Parish:

Saturday, 21 March

♦ Parish Finance Presentation SHC 6pm mass

Sunday 22 March

♦ Children's Liturgy -SHC -10am mass

♦ Parish Finance Presentation -SHC - 8:30am & 10am masses

Wednesday 25 March

♦ School of Religion - Hall -4pm

♦ First Holy Communion S4 - SHC - 6:30pm

Thursday 26 March

♦ Friendship Group - Sausage Sizzle - Hall -10am

2025 Parish Finance Report

Now available!

View online [here](#). Printed copies in the foyer.

MINISTRIES & ROSTERS FOR 28/29 Mar 2026

Palm Sunday of Lent, Year A/2

Commentators and Lectors

6.00pm L McNicol & A Potanin

8.30am G Joseph & R Langford

10am A Kaushal & M Fisher

Extra-ordinary Ministers of the Eucharist

6.00pm A Taylor

8.30am M Wolnicki

10am C Paragalli

Acolytes:

6.00pm A Smith

8.30am P Collins

10.00am G Selleck

Music Ministry:

6pm *Volunteer needed, pls.* 😊

8.30am S Fatiaki

10.00am M McKenna

Altar Servers:

Trained servers please volunteer at Mass

Church Linen March: S de Silva

Welcome Ministry:

6.00pm R & F Armstrong

8.30am B Garrety

10.00am R & B Usback

Altar Care (March 28) V Pembrey

Sacrament of Baptism This Sunday, 22 March, we rejoice with the BLAKE family as their children **Oscar, Roy, and Ruth** receive the Sacrament of Baptism. Through this holy sacrament, they will be reborn as children of God, sealed with the gift of the Holy Spirit, and welcomed into the Church. Please keep them and their family in your prayers!



We Remember in Our Prayers - Eileen Neal

We pray for the repose of the soul of **Eileen Neal**, a long-time and much-loved member of our parish community since its early days. Eileen's faith and gentle presence have touched many hearts over the years. *We extend our deepest sympathy to her family during this time of loss. May Eileen rest in the peace and love of Christ.*

Eileen's funeral mass will be celebrated by Father Emil on Friday 27 March at 10:30am.



Wider Church & Community Notices

Check MHOC News for latest events & updates

- ⇒ [Launch of the Institute for Synodal Evangelisation, 26 Mar \(online\)](#)
- ⇒ [Positions Vacant: Parish Officer](#)
- ⇒ [Abbey Retreat Programs 2026](#)
- ⇒ [Dignity & Mission of the Christian Family](#)