OUR PARISH

Contact the Parish Pastoral Council through the office email.

OUR PARISH MISSION:

"All the Church, all the Gospel, all the people, all the time"

OUR PARISH VISION:

*All the Church - we will **WORSHIP** with an open heart.*
*All the Gospel - we will celebrate the **WORD** with joy.*
*All the People - we will care for the **WELFARE** of all.*
*All the Time - we will maintain our **WORKS** with integrity.*

OUR PARISH SCRIPTURE

"Refresh my heart in Christ" - Philemon 1:20b

OUR PARISH SAFEGUARDING COMMITMENT

MHoC Parish & the Archdiocese of Canberra & Goulburn are committed to the care, wellbeing & protection of children, young people & people at risk in our community.
If you need to communicate any concerns, please contact one of our Parish Safeguarding Contacts displayed on the posters on the main church notice boards & our website.

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Our parish is supported by CCTV and S1 Security. Smile!

THIS WEEK IN THE PARISH (28-29 March)

Remember to turn your phones off when in the church. A prayerful silence is respectfully requested as we gather to celebrate Eucharist.

Sacred Heart Church Mass & CS Times:

Palm Sunday
Psalter Week 2, Year A/2

Sat: 5.35pm Rosary, 6:00pm **Mass**
Sun: 8.30am & 10am **Mass**
Mon: 8.30am **CS** Tues: 5.30pm **Mass**
Wed: 8:30 am **Mass** Thu: 8.30am **Mass**
Fri: 8:45am **Prayers** 910am **Rosary** 9.30am **Mass**
5.00pm - 6.00pm Evening Prayer & Adoration

The Pines Living, Farrer, **Mass** 11am held on the last Thursday of the month. Next date: **30 Apr**
Goodwin Village, **Mass** 9.30am held on the last Saturday of the month. Next date: **28 Mar**

RECONCILIATION (Confession):
Saturdays 11am-12pm (or by appointment)

FATIMA DEVOTIONS: Next date:4 Apr 7pm mass
'The Five First Saturdays' Held on the first Saturday of the month: **Mass 9.30am,** followed by **confessions** with **benediction 10.30am**, concluding with a **Marian Movement of Priests cenacle**.
See blue flyer.

BAPTISMS: Baptism information please see our website or contact the parish office.
WEDDINGS: By appointment, at least 6 months notice is essential. Phone the Office for details.
The BLESSED SACRAMENT CHAPEL
is open daylight hours each day for Adoration & quiet prayer. The chapel is not to be used while Mass is being celebrated. Please do not leave cut flowers or candles in the Chapel.

Mary Help of Christians Parish
South Woden, PEARCE ACT

Parish Priest: Father Emil Milat

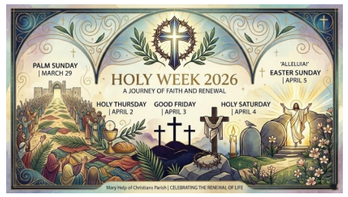
Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 *Ph*: 02 6286 1908
Parish Officer: Carmela Sampaga *Office Hours: 9am – 3pm Tuesday - Friday*
Parish email address: wodensouth@cg.org.au *WEBSITE address*: www.mhoc.org.au
Sacramental Programmes: Christina Erwin - wodensouth.sacraments@cg.org.au
For information on how to join planned giving or donate to our parish see our website: www.mhoc.org.au/planned-giving/

Our parish acknowledges & celebrates the original custodians of this sacred land & we commit ourselves to the ongoing journey of reconciliation.

Lenten & Easter Season 2026:

Friday Adoration: Each Friday of Lent, 10am-9pm. The church will be open for private prayer throughout the day.

Lenten Group - Compassio 2026: Facilitated by Fr Emil on Sundays at 11am (after the 10am Mass) in the parish hall. Last session: 29 March.



Palm **Sunday: 29 March** - Regular Masses - SHC

Chrism Mass: **Monday, 30 March 5pm**
St Christopher's Cathedral, Manuka

2nd Rite of Reconciliation, **Wednesday, 1 April 6:30pm** Transfiguration Parish - North Woden (Curtin)

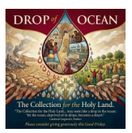
Paschal Triduum
Mass of the Lord's Supper / Adoration at the Altar of Repose **Thursday 2 April 7pm** - SHC

The Way of the Cross**, Friday, 3 April 10am** - Marist

Passion of the Lord, Friday, **3 April 3pm** - SHC
Good Friday Collection for the Holy Land

Easter Vigil Mass, Saturday, **4 April 7pm -** SHC

Easter Sunday, **5 April 8:30am & 10am masses** -SHC



Qkr! Caritas AUSTRALIA | PROJECT COMPASSION

Donations can also be done via MHOC Qkr App *under* ***'Special Appeals'.***

Shepherd's Corner

We begin Holy Week with the long tradition of re-enacting Jesus' triumphant entry into Jerusalem. It is great to have 46 children making their First Holy Communion at the Masses this weekend, waving Palms & processing- symbolically laying the Palms at Jesus' feet. Thank you to Christina our Sacramental Coordinator who has so competently done all the admin for the program. Thanks to Laura & the staff at Sacred Heart School & Staff at Marists junior school. Also, Colleen & the Parish School of Religion volunteers. Thank you to parents for their participation in the program. As the world becomes a more uncertain place economically, the Easter mysteries of death and resurrection of Jesus is our certain hope of coming joy. *God's blessings Fr Emil*

FINANCE PRESENTATION - Thank you to our Finance Committee for the succinct and informative yearly report last week, also Carmela in the parish office for the engaging slides. Copies of the full report are in the foyer, also sign-up forms if you like to join the EFT, Credit Card or envelope giving. With Canberra such a mobile community, this really helps give the parish a regular income to rely on. You can contact the parish office or Fr Emil for more info.

Coming up in Our Parish:

Saturday, 28 March
♦ First Holy Communion
Palm Sunday 29 March
♦ Children's Liturgy -SHC -10am mass
♦ First Holy Communion 8:30am & 10am masses
Wednesday 1 April
♦ School of Religion - Hall - 4pm
Thursday 2 April
♦ Friendship Group - Hot Cross Buns - Hall -10am

Kitchen Cousins Joint Baptism: Sun, 29 March

On this Palm Sunday, we joyfully welcome **Esca, Rose, and Fritz** into God's family through their joint baptism. Like the crowds waving palms to acclaim Jesus, our parish cheers you on as you embrace Him with open hearts and faithful choices—He will always lift you when you fall. Jesus loves you!

ROSTERS FOR PARISH MINISTRIES

2 APRIL HOLY THURSDAY 7pm

Commentators & Lectors	M Blackmore & L Louis
EoM of the Eucharist	V Pembrey, S Topp, B Wilson
Acolyte	M Fitzsimons
Music Ministry	S Taylor
Altar Servers	Trained servers **please speak with Fr Emil**
Welcome Ministry	Volunteers needed

3 APRIL GOOD FRIDAY 3pm

Commentators & Lectors	M Fisher & L Louis
Gospel Passion:	A Smith (narrator)
Others:	Volunteers Please
Intercessions:	Fr Emil
EoM of the Eucharist	V Pembrey & S Topp
Acolyte	P Supple
Music Ministry	D Kenny
Altar Servers	Trained servers **please speak with Fr Emil**
Welcome Ministry	Volunteers needed

4/5 APRIL EASTER WEEKEND (Easter Vigil 7pm)

Commentators & Lectors
7.00pm Fr Emil *(for the Paschal Candle & Fire)* J Wilson & I Laria
8.30am A Smith & R Langford
10.00am S Topp & V Pembrey

Acolytes & Extra-ordinary Ministers of the Eucharist
7.00pm G Selleck, V Pembrey & S Topp
8.30am G Joseph, ATaylor
10.00am M McAppion, B & R Usback

Music Ministry
7.00pm D Fitzsimons
8.30am K Fatiaki
10.00am M McKenna & S Taylor

Altar Servers
7.00pm Trained servers **please speak with Fr Emil**
8.30am Trained servers **please speak with Fr Emil**
10am Trained servers **please speak with Fr Emil**

Church Linen April: B Wilson

Welcome Ministry:
7.00pm C Nash
8.30am M Maloney
10.00am Peter Hefferman

Altar Care (4 April - Easter): C Donohue

Please Remember in Your Prayers

We remember all our faithful departed, especially those whose birthdays/ anniversaries occur at this time, *particularly Eileen Neal, Fr Clinton Dermont , Kathleen Johnson. Slavko Pehar, Manuel Barriera, Fr Thomas Lynch & Fr Morgan O'Connor.* May they rest in peace.

Wider Church & Community Notices
Check MHOC News *&* FB page *for more news*