

OUR PARISH

Contact the Parish Pastoral Council through the office email.

OUR PARISH MISSION:

"All the Church, all the Gospel, all the people, all the time"

OUR PARISH VISION:

All the Church - we will **WORSHIP** with an open heart.

All the Gospel - we will celebrate the **WORD** with joy.

All the People - we will care for the **WELFARE** of all.

All the Time - we will maintain our **WORKS** with integrity.

OUR PARISH SCRIPTURE

"Refresh my heart in Christ" - Philemon 1:20b

OUR PARISH SAFEGUARDING COMMITMENT

MHoC Parish & the Archdiocese of Canberra & Goulburn are committed to the care, wellbeing & protection of children, young people & people at risk in our community. If you need to communicate any concerns, please contact one of our Parish Safeguarding Contacts displayed on the posters on the main church notice boards & our website.

 Our parish is supported by CCTV and S1 Security. Smile!

THIS WEEK IN THE PARISH (2 - 8 May)

Remember to turn your phones off when in the church. A prayerful silence is respectfully requested as we gather to celebrate Eucharist.

Sacred Heart Church Mass & CS Times:

**Fifth Sunday of Easter
Psalter Week 1, Year A/2**

Sat: 5:30pm Rosary, 6:00pm **Mass**

Sun: 8.30am & 10am **Mass**

Mon: 8.30am **CS** Tues: 5.30pm **Mass**

Wed: 8.30 am **Mass** Thu: 8.30am **Mass**

Fri: 8:45am **Prayers** 910am **Rosary** 9.30am **Mass**
5.00pm - 6.00pm Evening Prayer & Adoration

The Pines Living, Farrer, Mass 11am held on the last Thursday of the month. Next date: **28 May 2026**

Goodwin Village, Mass 9.30am held on the last Saturday of the month. Next date: **30 May 2026**

RECONCILIATION (Confession):

Saturdays 11am-12pm (or by appointment)

FATIMA DEVOTIONS: Next date: 2 May 2026

'The Five First Saturdays' Held on the first Saturday of the month: **Mass 9.30am**, followed by **confessions** with **benediction 10.30am**, concluding with a **Marian Movement of Priests cenacle**. See blue flyer.

BAPTISMS: Baptism information please see our website or contact the parish office.

WEDDINGS: By appointment, at least 6 months notice is essential. Phone the Office for details.

The BLESSED SACRAMENT CHAPEL

is open daylight hours each day for Adoration & quiet prayer. The chapel is not to be used while Mass is being celebrated. Please do not leave cut flowers or candles in the Chapel.



Mary Help of Christians Parish South Woden, PEARCE ACT

Parish Priest: Father Emil Milat

Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 Ph: 02 6286 1908

Parish Officer: Carmela Sampaga

Office Hours: 9am – 3pm Tuesday - Friday

Parish email address: wodensouth@cg.org.au

WEBSITE address: www.mhoc.org.au

Sacramental Programmes: Christina Erwin - wodensouth.sacraments@cg.org.au

For information on how to join planned giving or donate to our parish see our website: www.mhoc.org.au/planned-giving/

Our parish acknowledges & celebrates the original custodians of this sacred land & we commit ourselves to the ongoing journey of reconciliation.



2026 National Mass Attendance Count in May

Over the four weekends of May, our parish will take part in the National Mass Attendance Headcount. The count will occur at all Sunday obligation Masses. Some general information (age groups and gender) will be included in later weeks; no personal details are recorded. Thank you for your understanding and support.

Good Shepherds Appeal continues, until end of May

Cash donations can be placed in an envelope marked "Seminarian Good Shepherd Appeal" and returned via the collection or Parish Office during May. To give electronically, please use this [link](#). Thank you!

Support for Briohny's Ongoing Care & Recovery

 Please keep Briohny and her family in your prayers after a tragic car accident on 12 April. Briohny, sister of our former Parish Office Manager Melanie Kerr, was critically injured, and her beloved son William sadly passed away. Her young daughter survived. We invite you to support the family with your prayers and, if possible, a donation: <https://gofund.me/2a67f2968>

Coming up in Our Parish:

Sunday 3 May

- ♦ Children's Liturgy during the 10am Mass - SHC

Tuesday 5 May

- ♦ MenALIVE - 7-8am - Parish Hall
- ♦ Parish Finance Council meeting - 6.15pm - P. Office

Wednesday 6 May

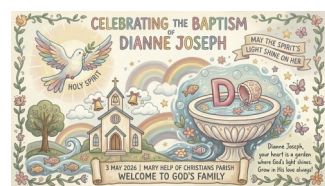
- ♦ School of Religion - 4-5pm - Parish Hall

Thursday 7 May

- ♦ Friendship Grp - 10am - Bingo - Parish Hall

**Joint Baptism of
Witheridge Siblings;
Sophia & Calvin**

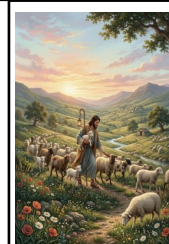
3 May 2026, 8:30am mass



Baptism of Dianne Joseph
3 May 2026, 11:30am

Events Calendar

Parish events, as well as Fr Emil's appointments, will now be displayed in our Google calendar, available on our website, on the News tab, click on [Events Calendar 2026](#)



Shepherd's Corner

We have a couple of important events coming up: If you are thinking of coming to the *Cyril John* intercession training day please sign up **this week** to help with catering. And registrations are still open for the Parish Feast Day Women's Spirituality afternoon. The three speakers will be very interesting, & the MenAlive group is planning to treat the women to a nice lunch. *God's blessings Fr Emil*

Catholic Mysticism Zoom with Fr Emil

Sunday, May 3 | 4:30–5:30 PM

Monthly series on Catholic tradition

Zoom ID: **6486731697** Password: **304831**

Email Fr Emil at emil.milat@cg.org.au for more info



Healing Service after 10am mass | 10 May

This will be supported by CRL Canberra
For more info check their website at risenlordcommunity.com.au



Prophetic Intercession Training:

With Cyril John, Papal Knight & Head of CHARIS Intercession.

Wed 13 May Yarralumla 6–9pm

Thu 14 May Pearce 8:30am–4pm

(\$20 w/lunch) & **6–9pm**

Register: <https://shorturl.at/Yx8uV>

Enquiries: **Susana** 0419902293

Yohan 0415346775

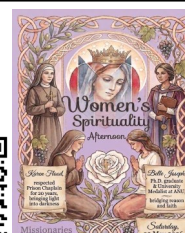
Women's Spirituality Afternoon

By an MGL Sister, Belle Joseph & Karen Flood - Saturday 23 May, 1-5pm, Hall

Bookings open - only 32 spots

17 booked, **15** available

Register online via this [link](#)
or sign-up sheet in the foyer
or scan this **QR code**



SAVE THE DATE: Sacred Heart Trivia Night

Mark your calendars for an adults-only evening of fun and connection on **Friday, 22 May**. Following last year's fantastic success, we look forward to another great night of laughter and community. Further details will be shared soon—save the date so you don't miss out!

Please Remember In Your Prayers

 We remember all our faithful departed, and especially those whose birthdays and anniversaries occur at this time, particularly *Fr John O'Connor and the Askander & Shano families*. May they rest in peace.

MINISTRIES & ROSTERS FOR 9/10 May 2026

Sixth Sunday of Easter Yr A/2

Commentators and Lectors

6.00pm V Pembrey & A Potanin

8.30am M Tsen & M Mugliston

10am J Allen & S Taylor

Extra-ordinary Ministers of the Eucharist

6.00pm M-A Kitchen

8.30am M Supple

10am R Usback

Acolytes:

6.00pm A Smith

8.30am P Supple

10.00am G Selleck

Music Ministry:

6pm *Volunteer please*

8.30am S Fatiaki

10.00am C Walshe & D Kenny

Altar Servers:

Trained servers please volunteer at Mass

Church Linen May: V Pembrey

Welcome Ministry:

6.00pm C Nash

8.30am B Garrety

10.00am R & B Usback

Altar Care (9 May) R Usback

Wider Church & Community Notices

Check [MHOC News](#) & [Facebook page](#) for more details

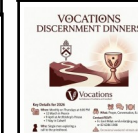
1 May | Consecrated Life Weekend with the MGLs

We will begin with light meal at 6:30pm on Friday night, 1st May, and conclude on Sunday morning, 3rd May, by attending Mass with the Disciples of Jesus Community together. *This weekend is for young single woman aged from 18 - 35.* For details & to register, see QR code.



Please note Guadalupe film ticket price is **\$15**, not \$10.

Please bring CASH to purchase tickets on the day.



Vocations Discernment Dinner

Thu, 7 May 6PM Calwell

Who: Men exploring a call to the priesthood

Contact Fr Emil at emil.milat@cg.org.au

9 May | There will be a **Public Rosary** held in Garema Place (CBD) on 9th May, commencing at 12:30p.m *All welcome* - Legion of Mary



16 May | Secular Franciscan Order - Family Day

 Secular Franciscan Family Day and Celebration of the 800th Anniversary of the Transitus of St Francis at Our Lady of Mercy Shrine, (**Penrose Park**), 120 Hanging Rock Road, Sutton Forrest. The day runs from

10am (arrive by 9.30am) to 3pm and includes Holy Mass at 11am, procession to the Grotto saying the Rosary and some fun activities for everyone. *Everyone is welcome and the only requirement is that you have to bring your own lunch. Tea and coffee etc will be supplied.*