

OUR PARISH

Contact the Parish Pastoral Council through the office email.

OUR PARISH MISSION:

"All the Church, all the Gospel, all the people, all the time"

OUR PARISH VISION:

All the Church - we will **WORSHIP** with an open heart.

All the Gospel - we will celebrate the **WORD** with joy.

All the People - we will care for the **WELFARE** of all.

All the Time - we will maintain our **WORKS** with integrity.

OUR PARISH SCRIPTURE

"Refresh my heart in Christ" - Philemon 1:20b

OUR PARISH SAFEGUARDING COMMITMENT

MHOC Parish & the Archdiocese of Canberra & Goulburn are committed to the care, wellbeing & protection of children, young people & people at risk in our community. If you need to communicate any concerns, please contact one of our Parish Safeguarding Contacts displayed on the posters on the main church notice boards & our website.

 Our parish is supported by CCTV and S1 Security. Smile!

THIS WEEK IN THE PARISH (23-29 May)

Remember to turn your phones off when in the church. A prayerful silence is respectfully requested as we gather to celebrate Eucharist.

Sacred Heart Church Mass & CS Times:

Pentecost Sunday

Psalter Week 4, Year A/2

Sat: 5:30pm Rosary, 6:00pm **Mass**

Sun: 8.30am & 10am **Mass**

Mon: 8.30am **Mass** Tues: 5.30pm **Mass**

Wed: 8.30 am **Mass** Thu: 8.30am **Mass**

Fri: 8:45am **Prayers** 9.10am **Rosary** 9.30am **Mass**
5.00pm - 6.00pm Evening Prayer & Adoration

The Pines Living, Farrer, Mass 11am held on the last Thursday of the month. Next date: **28 May 2026**

Goodwin Village, Mass 9.30am held on the last Saturday of the month. Next date: **30 May 2026**

RECONCILIATION (Confession):

Saturdays 11am-12pm (or by appointment)

FATIMA DEVOTIONS: Next date: 6 June 2026

'The Five First Saturdays' Held on the first Saturday of the month: **Mass 9.30am**, followed by **confessions** with **benediction 10.30am**, concluding with a **Marian Movement of Priests cenacle**. See blue flyer.

BAPTISMS: Baptism information please see our website or contact the parish office.

WEDDINGS: By appointment, at least 6 months notice is essential. Phone the Office for details.

The BLESSED SACRAMENT CHAPEL

is open daylight hours each day for Adoration & quiet prayer. The chapel is not to be used while Mass is being celebrated. Please do not leave cut flowers or candles in the Chapel.



Mary Help of Christians Parish South Woden, PEARCE ACT

Parish Priest: Father Emil Milat

Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 Ph: 02 6286 1908

Parish Officer: Carmela Sampaga

Office Hours: 9am – 3pm Tuesday - Friday

Parish email address: wodensouth@cg.org.au

WEBSITE address: www.mhoc.org.au

Sacramental Programmes: Christina Erwin - wodensouth.sacraments@cg.org.au

For information on how to join planned giving or donate to our parish see our website: www.mhoc.org.au/planned-giving/

Our parish acknowledges & celebrates the original custodians of this sacred land & we commit ourselves to the ongoing journey of reconciliation.



St Vincent de Paul Winter Appeal 23/24 May - Donations & Raffle tickets

Please Join the Vinnies conference team at the parish morning tea after 10.00 am Mass, on 24 May where Father Emil will draw the winning tickets in the Basket of Goodies raffle. We will be collecting donations and selling raffle tickets after Masses over the weekend. Also look out for us at **Woden Westfield** on level 2 near the Flight Centre outlet on **Thursday 21 & Friday 22 May**.

2026 National Mass Attendance Count in May
Our parish will continue the headcount this weekend. This Sunday's count will record **age groups only**, with no personal details collected.

Thank you for your understanding and support.

Good Shepherds Appeal continues until end of May
Cash donations can be placed in an envelope marked **"Seminarian Good Shepherd Appeal"** and returned via the collection or Parish Office during May. To give electronically, please use this [link](#). Thank you!

Coming up in Our Parish:

Saturday 23 May

- ♦ Women's Spirituality afternoon - 1-5pm - Hall

Sunday 24 May

- ♦ Children's Liturgy during the 10am Mass - Church

Monday 25 May

- ♦ Feast of Our Lady Help of Christians - Patroness of Australia - 8:30am Mass - Church - Morning tea follows

Tuesday 26 May

- ♦ MenALIVE - 7-8am - Parish Hall

Wednesday 27 May

- ♦ School of Religion - 4-5pm - Parish Hall

Thursday 28 May

- ♦ Friendship Group - Brunch at Gary's Wanniasa - 10am
- ♦ Visiting Mary statue evening - 6:30pm for a 7pm start - 75 William Wilkins Crescent, ISAACS

Baptism of CLOSE Siblings

Remi Lee
Delilah Lilly
Sadie Mae
Freddy Leo Scott
23 May 6pm mass



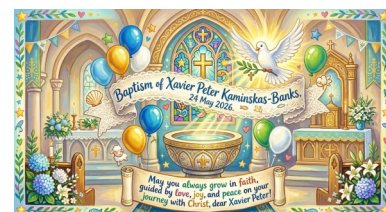
Shepherd's Corner

We had a very busy Clergy Assembly during the week. Some topics covered were: discussing the results of the first Aust national survey of clergy well-being, the legacy of Pope Francis, hearing about the great work of church local and national social service agencies, more on growing our parishes/groups in the SYNODAL discernment process, and more! This Saturday arvo we have about 40 women coming to the Women's Spirituality afternoon as a way for the parish to prepare for *Pentecost* and our Feast Day *Mary Help of Christians* on Sunday. There will be a special cuppa after Mass supporting the Vinnies group/ministry too. *God's blessing Fr Emil*

Birthday Notice

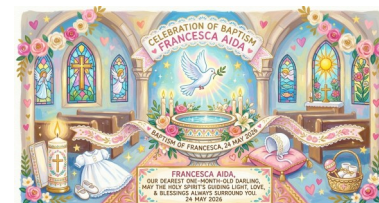
Please join us in wishing Fr Emil a happy birthday this **Sunday, 24 May**, Pentecost Sunday.

May the Holy Spirit bless him with health, peace, and joy in his ministry.



Baptism of Xavier Peter Kaminskas-BANKS
24 May 10am mass

**Baptism of
Francesca Aida VOS**
24 May 11:30am



Visiting Statue of Mary Ministry

A beautiful tradition in many parishes is welcoming a travelling Statue of Mary into homes *each week* for a night of rosary, prayers, and fellowship over cuppa. We're excited to launch this on our parish feast day, **24 May** with the first visit being at **7pm on Thursday 28 May**. Please call Vivienne Pembrey on 0412045868 if you would like to attend.

Interested in **hosting** a visit or **helping to organise?** Contact Fr. Emil or the parish office.

Hosts will need: Working with Vulnerable People card, a signed code of conduct, and risk assessment for safety.

MINISTRIES & ROSTERS FOR 30/31 May 2026

The Most Holy Trinity Yr A/2

Commentators and Lectors

6.00pm B Gaynor & J Caddy

8.30am R Langford & J Lee

10am S Tan & S Taylor

Extra-ordinary Ministers of the Eucharist

6.00pm A Smith

8.30am C West

10am F D'Castro

Acolytes:

6.00pm M Fitzsimons

8.30am P Collins

10.00am M McAppion

Music Ministry:

6pm *Volunteer please*

8.30am S Fatiaki

10.00am M McKenna

Altar Servers:

Trained servers please volunteer at Mass

Church Linen May: V Pembrey

Welcome Ministry:

6.00pm R & F Armstrong

8.30am M Maloney

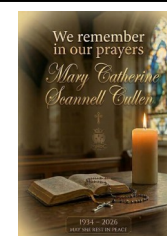
10.00am P Heffernan

Altar Care (30 May) M Paragalli

We Remember Mary Cullen

We pray for the repose of the soul of **Mary Cullen**. Mary's faith and gentle presence touched many hearts over the years. We extend our deepest sympathy to her family at this time of loss and commend Mary to the peace and love of Christ.

Mary's funeral Mass will be celebrated by **Father Emil on Thursday, 28 May, at 1:30 pm.**



Women's Vocations Discernment Dinner at Pearce Presbytery: Thursday **4 June 6pm**. For women between the ages of 20 and 40 interested in discerning a call to religious life. Presenter will be Kate Cleary about the mission at *The Farm* in Galong. A healthy meal provided with insightful discussions & prayer. To RSVP, please contact on Kate on 0404 112 428 or Vocations Director Fr Emil emil.milat@cg.org.au 0414 523 036.

Please Remember In Your Prayers



We remember all our faithful departed, especially those whose birthdays & anniversaries occur at this time, particularly **Ann Lorraine Saunders, Alicia Loyman, Norma Irene Wilkins, Roger Francis Milosh, and Fr Clarence Lehane.** May they rest in peace.

Wider Church & Community Notices

Check [MHOC News](#) & [Facebook page](#) for more details

PENTECOST FLAME NIGHT

Young Women aged 18-35 are invited to come and celebrate Pentecost with pizza, praise and a bonfire with the Missionaries of God's Love Sisters. Saturday **30th May 6pm**. For more info & to register, scan the QR code.

