

OUR PARISH

Contact the Parish Pastoral Council through the office email.

OUR PARISH MISSION:

"All the Church, all the Gospel, all the people, all the time"

OUR PARISH VISION:

All the Church - we will **WORSHIP** with an open heart.

All the Gospel - we will celebrate the **WORD** with joy.

All the People - we will care for the **WELFARE** of all.

All the Time - we will maintain our **WORKS** with integrity.

OUR PARISH SCRIPTURE

"Refresh my heart in Christ" - Philemon 1:20b

OUR PARISH SAFEGUARDING COMMITMENT

MHOC Parish & the Archdiocese of Canberra & Goulburn are committed to the care, wellbeing & protection of children, young people & people at risk in our community. If you need to communicate any concerns, please contact one of our Parish Safeguarding Contacts displayed on the posters on the main church notice boards & our website.

 Our parish is supported by CCTV and S1 Security. Smile!

THIS WEEK IN THE PARISH (13 - 19 June)

Remember to turn your phones off when in the church. A prayerful silence is respectfully requested as we gather to celebrate Eucharist.

Sacred Heart Church Mass & CS Times:

11th Sunday in Ordinary Time

Psalter Week 3, Year A/2

Sat: 9:30am **Mass** 5:30pm Rosary, 6:00pm **Mass**

Sun: 8.30am & 10am **Mass**

Mon: 8.30am **CS** Tues: 5.30pm **Mass**

Wed: 8.30 am **Mass** Thu: 8.30am **Mass**

Fri: 8:45am **Prayers** 9.10am **Rosary** 9.30am **Mass**
5.00pm - 6.00pm Evening Prayer & Adoration

The Pines Living, Farrer, Mass 11am held on the last Thursday of the month. Next date: **25 June 2026**

Goodwin Village, Mass 9.30am held on the last Saturday of the month. Next date: **27 June 2026**

RECONCILIATION (Confession):

Saturdays 11am-12pm (or by appointment)

FATIMA DEVOTIONS: Next date: 4 July 2026

The Five First Saturdays Held on the first Saturday of the month: **Mass 9.30am**, followed by **confessions** with **benediction 10.30am**, concluding with a **Marian Movement of Priests cenacle**. See blue flyer.

BAPTISMS: Baptism information please see our website or contact the parish office.

WEDDINGS: By appointment, at least 6 months notice is essential. Phone the Office for details.

The BLESSED SACRAMENT CHAPEL

is open daylight hours each day for Adoration & quiet prayer. The chapel is not to be used while Mass is being celebrated. Please do not leave cut flowers or candles in the Chapel.



Mary Help of Christians Parish South Woden, PEARCE ACT

Parish Priest: Father Emil Milat

Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 Ph: 02 6286 1908

Parish Officer: Carmela Sampaga

Office Hours: 9am – 3pm Tuesday - Friday

Parish email address: wodensouth@cg.org.au

WEBSITE address: www.mhoc.org.au

Sacramental Programmes: Christina Erwin - wodensouth.sacraments@cg.org.au

For information on how to join planned giving or donate to our parish see our website: www.mhoc.org.au/planned-giving/

Our parish acknowledges & celebrates the original custodians of this sacred land & we commit ourselves to the ongoing journey of reconciliation.



SAVE THE DATE: Second Archdiocesan Assembly Saturday, 22 August 2026

Archbishop Christopher Prowse invites all parish members to the Second Archdiocesan Assembly. Building on the 2024 gathering, this event will focus on evangelisation and synodality in our local Church. Details on registration, location hubs, and the program is in the foyer. *Please mark your calendars and stay tuned for updates!*



Coming up in our Parish

Saturday 13 June

- ♦ The Immaculate Heart of the Blessed Virgin Mary - 9:30am Mass - Church

Sunday 14 June

- ♦ Children's Liturgy during the 10am Mass - Church
- ♦ Healing service after 10am Mass - Church

Wednesday 17 June

- ♦ School of Religion - 4pm - Hall

Thursday 18 June

- ♦ Friendship Group - 10am - Stamps - Hall
- ♦ Baptism Prep Evening - 7pm - Parish Hall

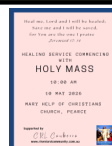
NOTE: No Home Rosary on Thurs, 18 June.

Next session: Thurs, 25 June at the Presbytery.

Healing Service after 10am mass | 14 June

Supported by the Community of the Risen Lord (CRL) Canberra. For information about CRL, check their website:

risenlordcommunity.com.au



Travelling Statue of Mary, Thurs, 25 June

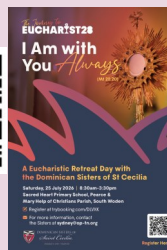
A beautiful parish tradition continues with the travelling Statue of Mary, welcomed into homes for an evening of rosary, prayer, and fellowship. For 25 June schedule, contact **Fr Emil at emil.milat@cg.org.au** to join & confirm your participation. *If you are Interested in hosting a visit or assisting with organising, please contact Fr Emil, or the Parish Office : 62861908*



A Eucharistic Retreat Day with the Dominican Sisters of St Cecilia Saturday, 25 July 2026

8:30am-3:30pm Sacred Heart Primary

School Hall, Pearce (cohost with Mary Help of Christians Parish), Registration is NOW open via the QR code. *This will be part of the Parish preparation for the International Eucharistic Congress with Pope Leo in 2028.*



Shepherd's Corner

We celebrate our parish school feast day, the Sacred Heart of Jesus, this Friday (as I type these words) and our Parish Church Feast Day. It is always moving to see how the children enhance our Mass. This Saturday is the important Mass of the Immaculate Heart of Mary, while currently only a memoria in ranking, one day I believe it will be one of the most important Marian Feasts. I base my prophetic hunch on the words of Our Lady at Fatima—that one-day Jesus will Triumph through her Immaculate Heart and peace will reign in all the world. I had my “first” Mass on this memoria. St Pope John Paul II was known to say that when the victory comes it will come through Mary— allusion to the Genesis 3:15 prophecy. I will have a 9:30am Mass in the Church Saturday 13 June for this memoria, all welcome. **Note:** it is also the memorial of St Anthony of Padua. Finally, I will also offer the Sacrament of Anointing of the Sick after Masses this weekend, with the Risen Lord Community helping with healing prayers after the 10am Mass Sunday. *God's blessing Fr Emil*

Please Remember In Your Prayers



We remember all our faithful departed, especially those whose birthdays and anniversaries occur at this time, particularly **John Rex & Bishop William Lanigan**. We also pray for the souls of the **Askander and Shano families**. May they rest in peace.

Wider Church & Community Notices

Check [MHOC News](#) & [Facebook page](#) for more details

CATENIANS: Fr Warwick Tonkin our guest speaker is addressing how society, collectively, must preserve human virtues in a time of rapid technological advance in Pope Leo's encyclical "*Magnifica Humanitas: on safeguarding the human person in the Time of Artificial Intelligence*" at Canberra Catenian's **June meeting on Thursday 18th at The Southern Cross Club Woden**. Visitors welcome 6.30 start meal at 7.00. Cost \$40 for 2 course meal tea and coffee. Bookings essential by Sunday 14th. Mike Trevethan 2460trev@gmail.com or 0427991786 or visit Catenian website via this [Link](#)

19-20 June Vocations Discernment Silent Retreat

St Clement's Galong NSW. For men

interested in discerning a call to the Priesthood. One day of insightful input within a retreat centre of noted deep spiritual ambience. To RSVP Vocations Director Fr Emil Milat emil.milat@cg.org.au 0414 523 036.

MINISTRIES & ROSTERS FOR 20/21 June 2026

12th Sunday in Ordinary Time Yr A/2

Commentators and Lectors

6.00pm A Smith & S Short

8.30am F Pelosi & M Supple

10am J Wilson & J Allen

Extra-ordinary Ministers of the Eucharist

6.00pm B Gaynor

8.30am A Wolnicki

10am S Topp

Acolytes:

6.00pm C Patron

8.30am P Collins

10.00am G Selleck

Music Ministry:

6pm Volunteer please

8.30am S Fatiaki

10.00am C Walshe & D Tantri

Altar Servers:

Trained servers please volunteer at Mass

Church Linen June: P Cullen

Welcome Ministry:

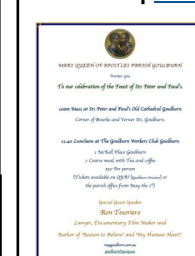
6.00pm R & F Armstrong

8.30am E & E Tranter-Edwards

10.00am J & B Wilson

Altar Care (20 June) M Jacob

28 June | [Sts Peter & Paul's Feast Day](#) | **Few seats left!**



Mary Queen of Apostles Parish Goulburn invites you to celebrate Sts Peter and Paul's Feast day. Beginning with Mass in the Old Cathedral at 10am, a Feast Day Luncheon will commence from 11.40am at the Goulburn Workers Club. The tickets will be available on QKR! or through the Goulburn Mission Office after May the 1st. A two-course meal, including tea and coffee is \$50 per person, with Guest speaker, Ron Tesoriero discoursing from 12pm.

Please send enquiries to goulburn@cg.org.au.

Living in the Divine Will Retreat: at St Clement's Conference Centre Galong NSW. Lead by Frs Emil Milat and Marco Killingsworth. **Friday 5pm 3 July to after lunch Sunday 5 July.** The talks focus on how various saints and mystics draw us to live in the Holiness of God. For more info. see flyer in foyer or contact Fr Emil: emil.milat@cg.org.au



17 – 19 July | INSTAGRACE | Is a three-day Catholic residential program organised by Jesus Youth Canberra for teenagers aged 13 to 17. Running successfully for nearly a decade, it helps young people grow in self-understanding and develop a personal relationship with Jesus through talks, music, and life testimonies. **Venue:** Outward Bound Australia, Naas Road, Tharwa, ACT

Date & Time: Friday, 17 July 2026 (9:00 am) to Sunday, 19 July 2026 (4:00 pm)

Registration Fee: \$290

Registration Closes: 12 July 2026

Registration: Register via the [link](#)

