

OUR PARISH

Contact the Parish Pastoral Council through the office email.

OUR PARISH MISSION:

"All the Church, all the Gospel, all the people, all the time"

OUR PARISH VISION:

All the Church - we will **WORSHIP** with an open heart.

All the Gospel - we will celebrate the **WORD** with joy.

All the People - we will care for the **WELFARE** of all.

All the Time - we will maintain our **WORKS** with integrity.

OUR PARISH SCRIPTURE

"Refresh my heart in Christ" - Philemon 1:20b

OUR PARISH SAFEGUARDING COMMITMENT

MHoC Parish & the Archdiocese of Canberra & Goulburn are committed to the care, wellbeing & protection of children, young people & people at risk in our community. If you need to communicate any concerns, please contact one of our Parish Safeguarding Contacts displayed on the posters on the main church notice boards & our website.

 Our parish is supported by CCTV and S1 Security. Smile!

THIS WEEK IN THE PARISH (1-7 August)

Remember to turn your phones off when in the church. A prayerful silence is respectfully requested as we gather to celebrate Eucharist.

Sacred Heart Church Mass & CS Times:

18th Sunday in Ordinary Time

Psalter Week 2, Year A/2

Sat: 5:30pm Rosary, 6:00pm **Mass**

Sun: 8.30am & 10am **Mass**

Mon: 8.30am **CS** Tues: 5.30pm **Mass**

Wed: 8.30 am **Mass** Thu: 8.30am **Mass**

Fri: 8:45am **Prayers** 9.10am **Rosary** 9.30am **Mass**

5.00pm - 6.00pm Evening Prayer & Adoration

The Pines Living, Farrer, Mass 11am held on the last Thursday of the month. Next date: **27 August**

Goodwin Village, Mass 9.30am held on the last Saturday of the month. Next date: **29 August**

RECONCILIATION (Confession):

Saturdays 11am-12 noon (or by appointment)

FATIMA DEVOTIONS: Next date: 1 August

The Five First Saturdays Held on the first Saturday of the month except 4 July: **Mass 9.30am**, followed by **confessions with benediction 10.30am**, concluding with a **Marian Movement of Priests cenacle**. See blue flyer.

BAPTISMS: Baptism information please see our website or contact the parish office.

WEDDINGS: By appointment, at least 6 months notice is essential. Phone the Office for details.

The BLESSED SACRAMENT CHAPEL

is open daylight hours each day for Adoration & quiet prayer. The chapel is not to be used while Mass is being celebrated. Please do not leave cut flowers or candles in the Chapel.



Mary Help of Christians Parish South Woden, PEARCE ACT

Parish Priest: Father Emil Milat

Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 Ph: 02 6286 1908

Parish Officer: Carmela Sampaga

Office Hours: 9am – 3pm Tuesday - Friday

Parish email address: wodensouth@cg.org.au

WEBSITE address: www.mhoc.org.au

Sacramental Programmes: Christina Erwin - wodensouth.sacraments@cg.org.au

Safeguarding Contacts: Brian Usback / Anne Hayes - wodensouth.safeguarding@cg.org.au

For information on how to join planned giving or donate to our parish see our website: www.mhoc.org.au/planned-giving/

Our parish acknowledges & celebrates the original custodians of this sacred land &



Our Confirmation Sacramental Program for children has commenced, and will finish on **29 August** with the second of two Confirmation Masses. Details [HERE](#)
Please pray for all our Confirmation candidates as they begin this important stage in their faith journey



Coming up in our Parish

Tuesday 4 August

♦ Parish Finance Council Meeting - Office - 6:15pm

Wednesday 5 August

♦ Confirmation Program Session 1 - Church - 6:30pm

Thursday 6 August

♦ Friendship Group: Movie & Snacks - Hall - 10am

♦ Home Rosary - 6:30pm for a 7pm start -

PEMBREY's Family Home -

75 William Wilkins Cres, ISAACS

Saturday 8 August

♦ Feast Day of St Mary MacKillop of the Cross

♦ Archbishop's Mary MacKillop Pilgrimage to Eden

(Pilgrim Walk, Mass, Lunch, Museum Visit, Stops)

Saturday 9 August

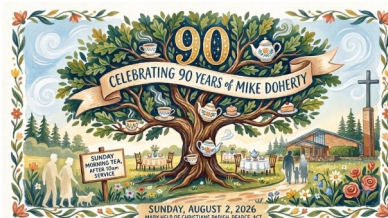
♦ Healing Service after 10am mass - Church



Monthly Morning Teas

Please join us this weekend in the Hall for a hot cuppa & a chat after the 8.30am & 10am Sunday masses.

Celebrating and Honouring **Mike Doherty** on his **90th Birthday**, Sunday, 2 August 2026 at the Parish Hall after the 10am mass. *All welcome.*



JOINT BAPTISM of KNOX SIBLINGS

Declan Meddows Sidney Spike **Jethro Laurance** Asher Robert
2 August 2026, 11:30am

Shepherd's Corner

After the very successful retreat with the Dominican Srs of St Cecilia last week, this weekend we welcome the 40 children and their families who are making a commitment to prepare for the Sacrament of Confirmation on 28/29 August. A special feature of the program will be the acts of service they take on to enhance our Eucharistic liturgies over the next few weeks. They will also host a special morning tea for us after the 10am Mass on Sunday 23 August. This Sunday we also celebrate the 90th Birthday of Michael Doherty who has been a "pillar" of the parish from its earliest days. Thank you to the family for joining us and enhancing the cuppa after this Sunday's 10am Mass. Michael has been a good example of how we can use the gifts of the Holy Spirit in family, work, parish and faith life. Thank you to our Sacramental Coordinator Christina who has done so much up until this point to get the program off to a good start. - *God's blessing Fr Emil*



Catholic Mysticism Zoom with Fr Emil

Sunday, August 2 | 4:30–5:30 PM

Monthly series on Catholic tradition

Zoom ID: **6486731697** Password: **304831**

Email Fr Emil at emil.milat@cg.org.au for more info



Travelling Statue of Mary | 6 August, 7pm

The Travelling Statue of Mary will visit the PEMBREY's family home for an evening of rosary, prayer, and fellowship. Pls contact Vivienne at **0412045868** to join. If you're interested to host or assist with organizing contact Parish Office: 6286 1908 or Fr Emil.



Healing Service after 10am Sunday mass | 9 Aug

Supported by the Community of the Risen Lord (CRL) Canberra. For information about CRL, check their website:

risenlordcommunity.com.au



Please Remember In Your Prayers

We remember in our prayers the eternal repose of **Venancia Gesite Asis** and our faithful departed, especially those whose anniversaries occur at this time: **Phyllis McKeown, Marie Onley, Cornelius McMahon, Betty Robinson, Pietro Calvitto, Ida Emily, Pears, Antonietta Moss, Dorothy May Wilkins, Mgr John Kelly & Fr John Collins.** *May they rest in peace*



MINISTRIES & ROSTERS FOR 8/9 August 2026

19th Sunday in Ordinary Time Yr A/2

Commentators and Lectors

6.00pm L McNicol Gaynor & A Kaushal

8.30am M Louis & M Mugliston

10am J Allen & S Taylor

Extra-ordinary Ministers of the Eucharist

6.00pm MA Kitchen

8.30am M Wolnicki

10am S Topp

Acolytes:

6.00pm A Smith

8.30am G Joseph

10.00am M McAppion

Music Ministry:

6pm *Volunteer needed pls.*

8.30am S Fatiaki

10.00am C Walshe & D Kenny

Altar Servers:

Trained servers please volunteer at Mass

Church Linen: MA Kitchen

Welcome Ministry:

6.00pm R & C McNichol

8.30am B Garrety

10.00am R & B Usback

Altar Care (8 August) M Jacob

Wider Church & Community Notices

Check [MHOC News](#) & [Facebook page](#) for more details

Archbishop's St Mary MacKillop Pilgrimage to Eden, Sat, 8 Aug 2026

Join Archbishop Christopher Prowse for the 10th annual pilgrimage to Eden—a special day of prayer, Mass, and fellowship in honour of Australia's first saint, St Mary of the Cross MacKillop.

Bus transport is available, but seats are limited and must be reserved in advance.

Only 18 seats remain. Book your seat [HERE](#).

Bookings close on Friday, 7 August 2026 at 12 noon.



St Carlo Acutis Eucharistic Night -

11 August 2026, 5pm - 8:30PM

Anyone can attend: join us for a Holy Hour with the St Carlo Acutis relic at 5pm in the Cathedral, then games, testimonies and a talk on the Eucharist by Fr Paul Nulley from 6pm in Haydon Hall. For more details, scan the [QR code](#).

ALIVE: BBQ + Praise Night | ACU Watson

Join us for an evening of renewal, encounter, and connection with other young adults.

Date: August 13 Time: 6:00 PM Details [HERE](#)



Second Archdiocesan Assembly Saturday, 22 August 2026

Archbishop Christopher Prowse invites all to participate in the upcoming Archdiocesan Assembly, will focus on listening to the Holy Spirit. *All are warmly encouraged to take part in this shared journey of faith and discernment.* Register [HERE](#).

