

OUR PARISH

Contact the Parish Pastoral Council through the office email.

OUR PARISH MISSION:

"All the Church, all the Gospel, all the people, all the time"

OUR PARISH VISION:

All the Church - we will **WORSHIP** with an open heart.

All the Gospel - we will celebrate the **WORD** with joy.

All the People - we will care for the **WELFARE** of all.

All the Time - we will maintain our **WORKS** with integrity.

OUR PARISH SCRIPTURE

"Refresh my heart in Christ" - Philemon 1:20b

OUR PARISH SAFEGUARDING COMMITMENT

MHoC Parish & the Archdiocese of Canberra & Goulburn are committed to the care, wellbeing & protection of children, young people & people at risk in our community. If you need to communicate any concerns, please contact one of our Parish Safeguarding Contacts displayed on the posters on the main church notice boards & our website.

 Our parish is supported by CCTV and S1 Security. Smile!

THIS WEEK IN THE PARISH (4 July - 10 July)

Remember to turn your phones off when in the church. A prayerful silence is respectfully requested as we gather to celebrate Eucharist.

Sacred Heart Church Mass & CS Times:

14th Sunday in Ordinary Time
Psalter Week 2, Year A/2

Sat: 5:30pm Rosary, 6:00pm **Mass**

Sun: 8.30am & 10am **Mass**

Mon: 8.30am **CS** Tues: 5.30pm **Mass**

Wed: 8.30 am **Mass** Thu: 8.30am **Mass**

Fri: 8:45am **Prayers** 9.10am **Rosary** 9.30am **Mass**
5.00pm - 6.00pm Evening Prayer & Adoration

The Pines Living, Farrer, Mass 11am held on the last Thursday of the month. Next date: **30 July**
Goodwin Village, Mass 9.30am held on the last Saturday of the month. Next date: **18 July**

RECONCILIATION (Confession):

Saturdays 11am-12 noon (or by appointment)

No Reconciliation at Sacred Heart Sat 4 July.

Offered at St Christopher's Cathedral, Manuka, Saturdays 11am-noon.

FATIMA DEVOTIONS: Next date: 1 August

The Five First Saturdays Held on the first Saturday of the month except 4 July: **Mass 9.30am**, followed by **confessions** with **benediction 10.30am**, concluding with a **Marian Movement of Priests cenacle**. See blue flyer.

BAPTISMS: Baptism information please see our website or contact the parish office.

WEDDINGS: By appointment, at least 6 months notice is essential. Phone the Office for details.

The BLESSED SACRAMENT CHAPEL

is open daylight hours each day for Adoration & quiet prayer. The chapel is not to be used while Mass is being celebrated. Please do not leave cut flowers or candles in the Chapel.



Mary Help of Christians Parish South Woden, PEARCE ACT

Parish Priest: Father Emil Milat

Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 Ph: 02 6286 1908

Parish Officer: Carmela Sampaga

Office Hours: 9am – 3pm Tuesday - Friday

Parish email address: wodensouth@cg.org.au

WEBSITE address: www.mhoc.org.au

Sacramental Programmes: Christina Erwin - wodensouth.sacraments@cg.org.au

Safeguarding Contacts: Brian Usback / Anne Hayes - wodensouth.safeguarding@cg.org.au

For information on how to join planned giving or donate to our parish see our website: www.mhoc.org.au/planned-giving/

Our parish acknowledges & celebrates the original custodians of this sacred land &



Confirmation Sacramental Program Enrolments are now open for children in Year 6 or above who are baptised Catholic and have completed their sacraments of First Reconciliation & First Holy Communion. Enrolments **close on 24 July**, but please enrol early. The Program starts 29 July. See our website for instructions on how to enrol & for all of the program dates:

<https://www.mhoc.org.au/sacraments/confirmation/>

2026/27 Planned Giving Envelopes

The planned giving envelopes for 2026 –2027 are now available in the foyer.

Please continue using the remaining envelopes until the end of July 2026, then begin using the new set in August. Thank you for your generous support.



Coming up in our Parish Saturday 4 July

- ◆ No Confessions or Fatima Devotions as Fr Emil is on leave from 3 - 5 July 2026.

Sunday 5 July

- ◆ Monthly morning teas - Hall after 8.30am and 10am Masses
- ◆ No Catholic Mysticism Zoom meeting

Tuesday 7 July

- ◆ PFC (PPC optional) meeting - Parish Office - 6.15pm

Thursday 9 July

- ◆ Friendship Group - Word Games 10am - Hall
- ◆ Rosary this week will be at the Parish Hall at 12 noon



This weekend we welcome

Fr Chris De Souza and Fr Tom Thornton celebrating Mass with us while Fr Emil is on leave.



Monthly Morning Teas

Please join us this weekend in the Hall for a hot cuppa & a chat after the 8.30am & 10am Sunday masses.

Travelling Statue of Mary

The Travelling Statue of Mary will visit the Parish Hall for an afternoon of rosary, prayer, and fellowship. Pls contact the office to join. If you're interested to host or assist with organising contact Parish Office: 6286 1908 or Fr Emil.



Shepherd's Corner



I am pleased to see that we already have 24 enrolments for the *Sacrament of Confirmation*. If you are planning to enrol your child for this year, please note that spaces are limited for the Saturday night 29 August, and places will be allocated in order of enrolment, so it's best to enrol soon. This Sunday's gospel speaks about the unique openness that children have to receive the Holy Spirit and

connect with the new life Jesus brings, which is why the age of about 12 years is a powerful time to make this Sacrament. One parishioner has already spoken to me about starting a youth group with these children afterwards - if you might be interested to help please contact me.

God's blessing Fr Emil

Healing Service after 10am Sunday mass | 12 July

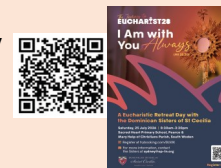
Supported by the Community of the Risen Lord (CRL) Canberra. For information about CRL, check their website:

risenlordcommunity.com.au



A Eucharistic Retreat Day with the Dominican Sisters of St Cecilia Saturday, 25 July 2026

8:30am-3:30pm Sacred Heart Primary School Hall, Pearce (cohost with Mary Help of Christians Parish). Registration is NOW open via the QR code or thru this [Link](#).



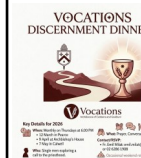
Please Remember In Your Prayers

We remember all our faithful departed, especially **Vivek Naidu** as well as those whose anniversaries occur at this time, particularly **Gabry Borzatti, Walerian, Wanda & Janina Tomaszewski, John Sprott Ryan, Eva Cabardo Arado and Fr Benedict Lynch**. We also pray for the souls of the Askander & Shano families. May they rest in peace.



Wider Church & Community Notices

Check [MHOC News](#) & [Facebook page](#) for more details



Vocations Discernment Dinner

Thu, 9 July 6PM Evatt

Who: Men exploring a call to the priesthood

Contact Fr Emil at emil.milat@cg.org.au

Formation Forum: "Who is the Church?"

Tue 21 July, 5–7 pm | ACU Veritas (or online)

Free, registration required: bit.ly/formation-forum-church

MINISTRIES & ROSTERS FOR 11/12 July 2026

15th Sunday in Ordinary Time Yr A/2

Commentators and Lectors

6.00pm A Smith & M Blackmore

8.30am G Joseph & M Supple

10am F D'Castro & A Kaushal

Extra-ordinary Ministers of the Eucharist

6.00pm A Taylor

8.30am C West

10am A John

Acolytes:

6.00pm M Fitzsimons

8.30am P Collins

10.00am G Selleck

Music Ministry:

6pm *Volunteer needed pls.*

8.30am S Fatiaki

10.00am C Walshe & D Kenny

Altar Servers:

Trained servers please volunteer at Mass

Church Linen: M Supple

Welcome Ministry:

6.00pm P Verdon

8.30am P Heffernan

10.00am C Tantri

Altar Care (4 July) C Donohoe



Saturday 8 August:
Pilgrimage to Eden for the Solemnity of Saint Mary of the Cross MacKillop. 12:00pm Mass at Our Lady Star of the Sea in Eden

followed by the launch of the Novena.

Save the date. More details to come.

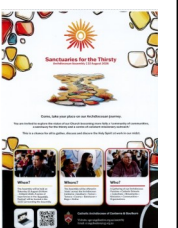
Southside Hymn Festival will

be held on **Sunday, 16 Aug**, from 2.00pm to 4.30pm at Holy Trinity Catholic Church, Curtin. All choirs, musicians, and parishioners from the Southern Deanery (South Canberra, Weston Creek, Woden, Tuggeranong, Braidwood, Cooma, Queanbeyan area, etc.) are warmly invited to attend; admission and afternoon tea are free. Please register by 6.00pm, 26 June 2026, by emailing Bob Perkins at perkins.family@aapt.net.au.



SAVE THE DATE: Second Archdiocesan Assembly Saturday, 22 August 2026

Archbishop Christopher Prowse invites all parish members to the Second Archdiocesan Assembly. Building on the 2024 gathering, this event will focus on evangelisation and synodality in our local Church. Details on registration, location hubs, and the program is in the foyer. *Please mark your calendars and stay tuned for updates!*



Check Archdiocesan Event Notices
[Here](#) or visit mhoc.org.au/news/