

OUR PARISH

Contact the Parish Pastoral Council through the office email.

OUR PARISH MISSION:

"All the Church, all the Gospel, all the people, all the time"

OUR PARISH VISION:

All the Church - we will **WORSHIP** with an open heart.

All the Gospel - we will celebrate the **WORD** with joy.

All the People - we will care for the **WELFARE** of all.

All the Time - we will maintain our **WORKS** with integrity.

OUR PARISH SCRIPTURE

"Refresh my heart in Christ" - Philemon 1:20b

OUR PARISH SAFEGUARDING COMMITMENT

MHoC Parish & the Archdiocese of Canberra & Goulburn are committed to the care, wellbeing & protection of children, young people & people at risk in our community. If you need to communicate any concerns, please contact one of our Parish Safeguarding Contacts displayed on the posters on the main church notice boards & our website.

 Our parish is supported by CCTV and S1 Security. Smile!

THIS WEEK IN THE PARISH (22-28 Aug 2026)

Remember to turn your phones off when in the church. A prayerful silence is respectfully requested as we gather to celebrate Eucharist.

Sacred Heart Church Mass & CS Times:

21st Sunday in Ordinary Time
Psalter Week 1, Year A/2

Sat: 5:30pm Rosary, 6:00pm **Mass**

Sun: 8.30am & 10am **Mass**

Mon: 8.30am **CS** Tues: 5.30pm **Mass**

Wed: 8.30 am **Mass** Thu: 8.30am **Mass**

Fri: 8:45am **Prayers** 9.10am **Rosary** 9.30am **Mass**
5.00pm - 6.00pm Evening Prayer & Adoration

The Pines Living, Farrer, Mass 11am held on the last Thursday of the month. Next date: **27 August**
Goodwin Village, Mass 9.30am held on the last Saturday of the month. Next date: **29 August**

RECONCILIATION (Confession):

Saturdays 11am-12 noon (or by appointment)

FATIMA DEVOTIONS: Next date: 5 September

The Five First Saturdays Held on the first Saturday of the month except 4 July: **Mass 9.30am**, followed by **confessions** with **benediction 10.30am**, concluding with a **Marian Movement of Priests cenacle**. See blue flyer.

BAPTISMS: Baptism information please see our website or contact the parish office.

WEDDINGS: By appointment, at least 6 months notice is essential. Phone the Office for details.

The BLESSED SACRAMENT CHAPEL

is open daylight hours each day for Adoration & quiet prayer. The chapel is not to be used while Mass is being celebrated. Please do not leave cut flowers or candles in the Chapel.



Mary Help of Christians Parish South Woden, PEARCE ACT

Parish Priest: Father Emil Milat

Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 Ph: 02 6286 1908

Parish Officer: Carmela Sampaga

Office Hours: 9am – 3pm Tuesday - Friday

Parish email address: wodensouth@cg.org.au

WEBSITE address: www.mhoc.org.au

Sacramental Programmes: Christina Erwin - wodensouth.sacraments@cg.org.au

Safeguarding Contacts: Brian Usback / Anne Hayes - wodensouth.safeguarding@cg.org.au

For information on how to join planned giving or donate to our parish see our website: www.mhoc.org.au/planned-giving/

Our parish acknowledges & celebrates the original custodians of this sacred land &



Our Confirmation Sacramental Program for children has commenced, and will finish on **29 August** with the second of two Confirmation Masses. Details [HERE](#)
Please pray for all our Confirmation candidates as they begin this important stage in their faith journey



Confirmation

Coming up in our Parish

Wednesday 26 August

♦ School of Religion - Hall - 4pm

♦ Confirmation Program Session 4 + Practice - Church - 6:30pm

Thursday 27 August

♦ Friendship Group - Lunch - Irish Club - Depart 11:30am from Church

♦ Home Rosary - 6:30pm for a 7pm start - PRESBYTERY at 35 Murphy Cres, PEARCE

Please NOTE:

On Friday, 28 August, the 5-6pm Evening Prayer & Adoration will be shortened to half an hour.

Friday 28 August

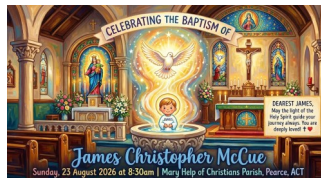
♦ Parish Retreat Day for Confirmation Candidates - Church + Hall - 9am to 3pm

♦ Sacrament of Confirmation Mass 1 - Church - 6:00pm

Saturday 29 August

♦ Sacrament of Confirmation Mass 2 - Church - 6:00pm

Baptism of
James Christopher McCue
Sunday, 23 August 8:30am



The family extends an open invitation to parishioners to join them for morning tea afterwards.

Morning Tea — All Welcome!



As part of their **Acts of Service**, our Confirmation candidates will be hosting a parish morning tea this Sunday, 23 August, after the 10am Mass. Please come along, share a cuppa, and support our young parishioners as they put their faith into action. Everyone is warmly invited!

Shepherd's Corner



The Catholic Voice news. - God bless Fr Emil

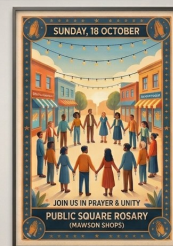
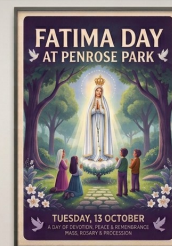
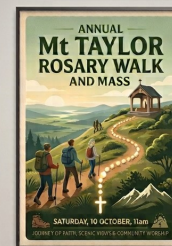
Claim the Date: Tuesday 1 September, 11am Morning tea with Marists Conway House.



MaristCollege
Canberra

The yr 10 boys would like to invite any parishioners who might be able to tell them a bit of the history of their house namesake, Fr Ailbie Conway, our first Parish Priest; if you have any pictures, stories or would just like to learn more yourself pls come along. They will be working in the Parish/ School grounds to help us begin spring that day, too.

OCTOBER 2026 EVENTS - JOIN US



CLAIM THE DATES

10 Oct 2026 : Annual Mt Taylor Rosary Walk & Mass

13 Oct 2026: Fatima Day at Penrose Park. Book [HERE](#).

18 Oct 2026: Public Square Rosary at Mawson Shops



Please Remember in Your Prayers
We remember in our prayers recently deceased [Edith Robertson](#), [Cornelius Keating](#), [Genoveffa Ceccarelli](#), [Vincenzo](#) and all our faithful departed, especially those whose anniversaries occur at this time: [Fay Gledhill](#), [Frederick John Joshua Wilkins](#), [Mervyn Charles Crane](#) & [Fr Daniel Leahy](#) *May they rest in peace*

MINISTRIES & ROSTERS FOR 29/30 August 2026

22nd Sunday in Ordinary Time Yr A/2

Commentators and Lectors

6.00pm M Blackmore & A Potanin

8.30am M Tsen & E Tsen

10am J Allen & F D'Castro

Extra-ordinary Ministers of the Eucharist

6.00pm B Gaynor

8.30am A Wolnicki

10am B Wilson

Acolytes:

6.00pm S La Vita

8.30am G Joseph

10.00am G Selleck

Music Ministry:

6pm Sacred Heart School Staff

8.30am S Fatiaki

10.00am M McKenna

Altar Servers:

Trained servers please volunteer at Mass

Church Linen: MA Kitchen

Welcome Ministry:

6.00pm R & F Armstrong

8.30am P Heffernan

10.00am C Tantri

Altar Care (29 August) C Donohoe

Wider Church & Community Notices

Check [MHOC News](#) & [Facebook page](#) for more details

Archdiocesan Assembly 2026

... continues this weekend with prayers, discernment and celebration across the Archdiocese of Canberra and Goulburn.

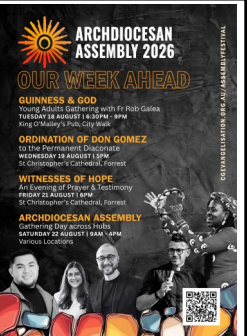
All are welcome to participate.

Friday, 21 August 6:00 pm

Witnesses of Hope: Ecumenical

Prayer Vigil | St Christopher's

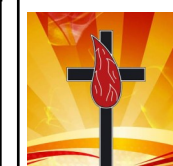
Pls check the website for details.



"Spring into Healing!"

The Good Shepherd prayer group invites you to a Healing Mass celebrated by Fr Emil Milat on **Wednesday 9 September, from 6:00pm-9:00pm at St Peter Church in Weston St, Yarralumla, ACT**. Praying the Rosary at 6pm, Praise & Worship from 6:30pm, Mass at 7pm followed by Anointing of the Sick and healing prayer ministry before the Blessed Sacrament until 9pm. Confessions available before Mass. Refreshments available afterwards. All welcome - bring a friend! For more information, call Martin 0412 583 992, Gabriel 0422 285 491."

Homecoming Silent Retreat — 28–30 August at



Carmel House, Varroville, NSW. "His father saw him, ran to his son, threw his arms around him and kissed him" (Lk 15:20). Your heavenly Father waits for you to come away and silently soak in his great love, embracing a weekend of deep peace and serenity. Open to men and women 18+, hosted by the MGL Sisters. Choose the weekend retreat ([book here](#)) or extend with a 5-day option ([book here](#)).