

OUR PARISH

Contact the Parish Pastoral Council through the office email.

OUR PARISH MISSION:

"All the Church, all the Gospel, all the people, all the time"

OUR PARISH VISION:

All the Church - we will **WORSHIP** with an open heart.

All the Gospel - we will celebrate the **WORD** with joy.

All the People - we will care for the **WELFARE** of all.

All the Time - we will maintain our **WORKS** with integrity.

OUR PARISH SCRIPTURE

"Refresh my heart in Christ" - Philemon 1:20b

OUR PARISH SAFEGUARDING COMMITMENT

MHoC Parish & the Archdiocese of Canberra & Goulburn are committed to the care, wellbeing & protection of children, young people & people at risk in our community. If you need to communicate any concerns, please contact one of our Parish Safeguarding Contacts displayed on the posters on the main church notice boards & our website.

 Our parish is supported by CCTV and S1 Security. Smile!

THIS WEEK IN THE PARISH (29 Aug - 4 Sep)

Remember to turn your phones off when in the church. A prayerful silence is respectfully requested as we gather to celebrate Eucharist.

Sacred Heart Church Mass & CS Times:

22nd Sunday in Ordinary Time
Psalter Week 2, Year A/2

Sat: 5:30pm Rosary, 6:00pm **Mass**

Sun: 8.30am & 10am **Mass**

Mon: 8.30am **CS** Tues: 5.30pm **Mass**

Wed: 8.30 am **Mass** Thu: 8.30am **Mass**

Fri: 8:45am **Prayers** 9.10am **Rosary** 9.30am **Mass**
5.00pm - 6.00pm Evening Prayer & Adoration

The Pines Living, Farrer, Mass 11am held on the last Thursday of the month. Next date: **29 October**

Goodwin Village, Mass 9.30am held on the last Saturday of the month. Next date: **31 October**

RECONCILIATION (Confession):

Saturdays 11am-12 noon (or by appointment)

FATIMA DEVOTIONS: Next date: 5 September

The Five First Saturdays Held on the first Saturday of the month except 4 July: **Mass 9.30am**, followed by **confessions with benediction 10.30am**, concluding with a **Marian Movement of Priests cenacle**. See blue flyer.

BAPTISMS: Baptism information please see our website or contact the parish office.

WEDDINGS: By appointment, at least 6 months notice is essential. Phone the Office for details.

The BLESSED SACRAMENT CHAPEL

is open daylight hours each day for Adoration & quiet prayer. The chapel is not to be used while Mass is being celebrated. Please do not leave cut flowers or candles in the Chapel.



Mary Help of Christians Parish South Woden, PEARCE ACT

Parish Priest: Father Emil Milat

Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 Ph: 02 6286 1908

Parish Officer: Carmela Sampaga

Office Hours: 9am – 3pm Tuesday - Friday

Parish email address: wodensouth@cg.org.au

WEBSITE address: www.mhoc.org.au

Sacramental Programmes: Christina Erwin - wodensouth.sacraments@cg.org.au

Safeguarding Contacts: Brian Usback / Anne Hayes - wodensouth.safeguarding@cg.org.au

For information on how to join planned giving or donate to our parish see our website: www.mhoc.org.au/planned-giving/

Our parish acknowledges & celebrates the original custodians of this sacred land &



Congratulations to all those children who made their *Sacrament of Confirmation* at Masses this Friday (28 August, 6pm) and Saturday (29 August, 6pm). *Thank you to all their families who supported them through the program and to all parishioners who prayed for them.*



Confirmation

Coming up in our Parish Tuesday 1 September

♦ Conway House: Marist Boys - Church Grounds - 11am

Wednesday 2 September

♦ School of Religion - Hall - 4pm

Thursday 3 September

♦ Friendship Group - Stamps - Hall - 10am

♦ Home Rosary - 6:30pm for a 7pm start - GARRETY's family home in ISAACS

Friday 4 September

♦ Sacred Heart Father's Day Mass - Church - 9:30am

Saturday 5 September

♦ Fatima Devotions - Church - starting at 9:30am

Please note: Carmela will be at onsite training on Tuesday mornings (9:00 AM–12:00 PM) on 1, 8 and 15 September, and all day on Wednesday, 16 September. The parish office will have reduced availability at these times; for urgent matters please contact **Fr Emil 0414523036** or leave a message at **62861908**.

Morning tea with Marists Conway House.



MaristCollege
Canberra

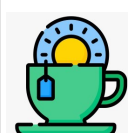
Yr 10 History & Grounds Day Year 10 students invite parishioners to share stories or photos about our first Parish Priest, Fr Ailbie Conway. Join them on **1 September** at **11am** to share memories, learn more, or help work on the parish and school grounds to welcome spring. *All are welcome!*

Travelling Statue of Mary | 3 Sept 7pm

The Travelling Statue of Mary will visit **GARRETY's** family home for an evening of rosary, prayer, and fellowship. Pls contact **Barb** at **0412581694** to join. If you're interested to host or assist with organizing contact Parish Office: 6286 1908 or Fr Emil



Parish Monthly Morning Tea - Sun, 6 September



Please join us in the Hall for morning tea after the Sunday 8.30am & 10am Masses.
Please bring some nibbles to share if able.
All welcome!

Shepherd's Corner

This weekend we have one of the annual highlights of parish life- the *Sacrament of Confirmation* of about 40 young parishioners. The Vicar General Fr Richard is not able to be presider due to attending the ordination of the new Bishop for the Military diocese – so I am blessed to be delegated to confer the Confirmations. For the Saturday night will have the central pews allocated to the families- if parishioners could sit on the side aisles please. It has been a huge Administrative & pastoral effort, with our always competent & hard-working Sacramental Coordinator Christina & Carmela in the parish office. Thank you also to the Staff & Volunteers at our parish Sacred Heart Primary School, Marists Junior School & School of Religion. They have all contributed with talent & enthusiasm. We have a retreat day in parish centre this Friday. Please pray along with me for the Holy Spirit to connect with the families & the parish in a special way next weekend. *God's blessing Fr Emil*

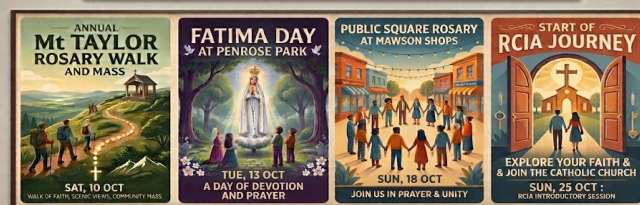


Please Remember In Your Prayers



We remember in our prayers **Sonia Tamayao** who is unwell, **Umberto Ceccarelli**, recently deceased, the deceased members of our parish family & all our faithful departed, especially those whose anniversaries occur at this time: **Fay Gledhill, Manuel Barrera, Fr Michael O'Sullivan, Fr John Curley CSsR & Fr Patrick Dougherty**
May they rest in peace

OCTOBER 2026 UPCOMING EVENTS



CLAIM THE DATES

Sat, 10 Oct : Annual Mt Taylor Rosary Walk & Mass
Tue, 13 Oct : Fatima Day at Penrose Park. Book [HERE](#).
Sun, 18 Oct : Public Square Rosary at Mawson Shops
Sun, 25 Oct : Start of RCIA Journey

MINISTRIES & ROSTERS FOR 5/6 Sept 2026

23rd Sunday in Ordinary Time Yr A/2

Commentators and Lectors

6.00pm S Peake & V Pembrey

8.30am P Collins & A Wolnicki

10am JL Wilson & N Torres

Extra-ordinary Ministers of the Eucharist

6.00pm M Jacob

8.30am G Davidson

10am J Zaide-Crombie

Acolytes:

6.00pm I Noble

8.30am P Supple

10.00am M McAppion

Music Ministry:

6pm *Volunteer needed pls.*

8.30am S Fatiaki

10.00am S Taylor

Altar Servers:

Trained servers please volunteer at Mass

Church Linen: S de Silva

Welcome Ministry:

6.00pm M Blackmore

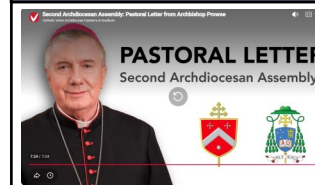
8.30am F Nichols

10.00am F Mendes

Altar Care (5 September) M Paragalli

Wider Church & Community Notices

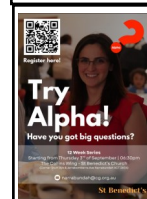
Check [MHOC News](#) & [Facebook page](#) for more details



Archbishop Prowse's

1. Pastoral Letter and Video on the Second Assembly and
2. Recent Homilies
are now available for your personal prayer and reflection.

Link to video [HERE](#) & letter / homilies [HERE](#)



Join us for **ALPHA**, a free, multi-week course exploring the basics of the Christian faith. Each session includes a shared meal, a short talk, and small-group conversation — great for seekers, curious Catholics, and anyone wanting to grow in faith. More details [HERE](#)

Creation Mass – Season of Creation opener: Sat 5 Sep, 9:30am at St Michael's, 2 Tyrrell Ct, Kaleen.
All welcome. (Season runs 1 Sep–4 Oct.)

Spring into Healing!

Join the Good Shepherd prayer group for a Healing Mass with Fr Emil Milat. **Wed 9 Sep, 6–9pm | St Peter's Church, Weston St, Yarralumla** Rosary 6pm - Praise & Worship 6:30pm - Mass 7pm - Anointing & healing prayer until 9pm Confessions before Mass; refreshments after. All welcome—bring a friend. Info: Martin 0412 583 992 |

St Vincent de Paul Charity Concert

Sun 12 Sept, 3pm | Llewelyn Hall

National Capital Orchestra & pianist Lucas Krupinski present Rachmaninov's Piano Concerto No. 2 and Mahler's Symphony No. 1. *All proceeds support Vinnies helping locals in need across Canberra & Goulburn.* Check nco.org.au [HERE](#)

