

OUR PARISH

Contact the Parish Pastoral Council through the office email.

OUR PARISH MISSION:

"All the Church, all the Gospel, all the people, all the time"

OUR PARISH VISION:

All the Church - we will **WORSHIP** with an open heart.

All the Gospel - we will celebrate the **WORD** with joy.

All the People - we will care for the **WELFARE** of all.

All the Time - we will maintain our **WORKS** with integrity.

OUR PARISH SCRIPTURE

"Refresh my heart in Christ" - Philemon 1:20b

OUR PARISH SAFEGUARDING COMMITMENT

MHOC Parish & the Archdiocese of Canberra & Goulburn are committed to the care, wellbeing & protection of children, young people & people at risk in our community. If you need to communicate any concerns, please contact one of our Parish Safeguarding Contacts displayed on the posters on the main church notice boards & our website.

 Our parish is supported by CCTV and S1 Security. Smile!

THIS WEEK IN THE PARISH (19 - 25 Sep)

Remember to turn your phones off when in the church. A prayerful silence is respectfully requested as we gather to celebrate Eucharist.

Sacred Heart Church Mass & CS Times:

25th Sunday in Ordinary Time Psalter Week 1, Year A/2

Sat: 5:30pm Rosary, 6:00pm Vigil Mass

Sun: 8.30am & 10:00am Mass

Mon: 8.30am CS Tues: 5.30pm CS

Wed: 8.30 am CS Thu: 8.30am CS

Fri: 8:45am Prayers 9.10am Rosary 9.30am CS
5.00pm - 6.00pm Evening Prayer & Adoration

The Pines Living, Farrer, Mass 11am held on the last Thursday of the month. Next date: **29 October**
Goodwin Village, Mass 9.30am held on the last Saturday of the month. Next date: **31 October**

RECONCILIATION (Confession):

Saturdays 11am-12 noon (or by appointment)

FATIMA DEVOTIONS: Next date: 7 November

The Five First Saturdays Held on the first Saturday of the month except 4 July: **Mass 9.30am**, followed by **confessions with benediction 10.30am**, concluding with a **Marian Movement of Priests cenacle**. See blue flyer.

BAPTISMS: Baptism information please see our website or contact the parish office.

WEDDINGS: By appointment, at least 6 months notice is essential. Phone the Office for details.

The BLESSED SACRAMENT CHAPEL

is open daylight hours each day for Adoration & quiet prayer. The chapel is not to be used while Mass is being celebrated. Please do not leave cut flowers or candles in the Chapel.



Mary Help of Christians Parish South Woden, PEARCE ACT

Parish Priest: Father Emil Milat

Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 Ph: 02 6286 1908

Parish Officer: Carmela Sampaga

Office Hours: 9am – 3pm Tuesday - Friday

Parish email address: wodensouth@cg.org.au

WEBSITE address: www.mhoc.org.au

Sacramental Programmes: Christina Erwin - wodensouth.sacraments@cg.org.au

Safeguarding Contacts: Brian Usback / Anne Hayes - wodensouth.safeguarding@cg.org.au

For information on how to join planned giving or donate to our parish see our website: www.mhoc.org.au/planned-giving/

Our parish acknowledges & celebrates the original custodians of this sacred land &



Caritas Australia: Nepal Floods Appeal

Communities in northern Nepal are facing a humanitarian crisis following devastating flash floods in Rasuwa District on 26 August. More than 1,000 people have died, many remain missing, and thousands of families have lost homes and essential infrastructure. Caritas Australia, Caritas Nepal and local partners are providing emergency shelter, food, safe drinking water, healthcare and protection support. Please support the **Nepal Floods Appeal** at www.caritas.org.au/nepal.



Visiting Priests

While Fr Emil is away, we warmly welcome Fathers **Bernie Patterson, Chris de Souza and Khalid Marogi**, who will be visiting and assisting our parish community. We are grateful for their ministry and invite everyone to extend a warm welcome to them.

Please check poster at church entrances.

Coming up in our Parish

Wednesday 23 September

- ◆ Communion Service - Church - 8:30am
- ◆ School of Religion - Hall - 4:00pm

Thursday 24 September

- ◆ Communion Service - Church - 8:30am
- ◆ Friendship Group - leave Hall by 11:30 am for Southern Cross Tuggeranong - Lunch - 12noon
- ◆ Travelling Statue of Mary - CHIFLEY - 12 noon

Friday 25 September

- ◆ Communion Service - Church - 9:30am

Pls NOTE: No Confessions until 10/10.



Funeral Prayer Service
Ivan Hans ZAJA
Wed, 23 September, 10am

Funeral Mass
Beryl Mary HODGES
Fri, 25 September, 11am

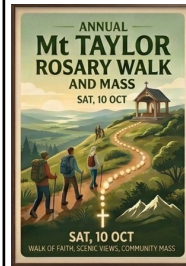
Shepherd's Corner resumes in October >>>

Travelling Statue of Mary | 24 Sept 12noon



The Travelling Statue of Mary will visit the **WILSON family home** in **CHIFLEY** for a noontime of rosary, prayer, and fellowship. Pls contact **Bev Wilson** at **0405351597** to join. If you're interested to host or assist with organizing contact Parish Office: 6286 1908 or Fr Emil 0414 523 036

Mt Taylor Walk & Mass - 10 October



Details [HERE](#)

Or, visit the News section of the website.

Fatima Day Pilgrimage to Penrose Park 13 October

Registration is **OPEN**

23 seats booked.



Healing Mass with Fr Rozo Palić – Friday 23 October from 5.00pm at MHOC.

Join us for a special evening of prayer and healing, including Mass, Exposition, a talk, guided meditation, Benediction and personal prayer for healing. Fr Rozo will also bless rosaries, holy objects, water, oil and salt; *please bring and label your own items*. Everyone is welcome. More information, visit godislove.net.au/canberra.html by clicking the link.



Sacred Heart School Twilight Fair

Friday, 6 November, 3:30pm–7:30pm
Enjoy rides, games, food, stalls and a Mega Raffle! Donations of pre-loved toys and books (*no soft toys*), handmade crafts and volunteers are welcome. Stallholder applications are open. **Details [HERE](#)**



MINISTRIES & ROSTERS FOR 26/27 Sept 2026

26th Sunday in Ordinary Time Yr A/2

Commentators and Lectors

6.00pm A Potanin & E Tsen

8.30am M Louis & P Supple

10am S van der Linden & S Taylor

Extra-ordinary Ministers of the Eucharist

6.00pm A Smith

8.30am E Tsen

10am C Paragalli

Acolytes:

6.00pm P Verdon

8.30am P Supple

10.00am G Selleck

Music Ministry:

6pm *Volunteer needed pls.*

8.30am S Fatiaki

10.00am M McKenna

Altar Servers:

Trained servers please volunteer at Mass
Church Linen: S de Silva

Welcome Ministry:

6.00pm C Nash

8.30am B Garrety

10.00am JL & B Wilson

Altar Care (26 September) M Jacob

Please Remember In Your Prayers

We remember in our prayers the deceased members of our parish family & all our faithful departed, especially those whose anniversaries occur at this time: **Peter Hately, Maria Ieroianni, Catherine Anne Wilkins, Fr Peter Quirk & Mgr George Weissel** May they rest in peace.

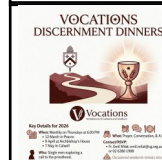
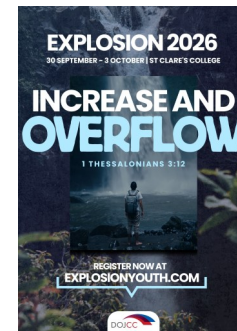


Wider Church & Community Notices

Check [MHOC News](#) & [Facebook page](#) for more details

30 September | Explosion 2026: Increase & Overflow | 5:30 pm

Registrations are open for Explosion 2026, a Catholic youth conference for students in Years 7–12. Join the Disciples of Jesus Covenant Community at St Clare's College, Canberra, from 30 September to 3 October for inspiring speakers, prayer, worship and fellowship. Register at explosionyouth.com.

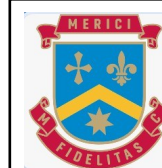


Vocations Discernment Dinner

Thu, 8 October 6PM Archbishop's House

Who: Men exploring a call to the priesthood

Contact Fr Emil at emil.milat@cg.org.au



Braddon Catholic Girls High School – 50th Reunion (Yr10, 1974 & Yr 12, 1976)

Saturday, 17 October 2026 | 3–7pm

Merici College, Wise Street, Braddon

Bookings are essential. Tickets are \$30 and can be purchased via Humantix by searching "Merici Alumni" and selecting "Class of 1974/1976 Reunion Braddon". *Please RSVP by 1 Oct.*